

Crossroads of Iowa

Presents a Special Seminar



FROM TRAUMA TO TRANSFORMATION



*An Alternative to PTSD:
POST-TRAUMATIC GROWTH**



GERAL BLANCHARD, LPC

Local psychotherapist, international speaker and researcher
Optimistic, life-affirming insight for trauma recovery
New approaches offer improved prognoses

*The workshop will explain how people
not only can bounce back after trauma,
but can actually bounce forward.*



WHERE: The Windsor Heights Community Center
6900 School Street, Windsor Heights IA (Univ. Ave, then south at Dairy Queen)

WHEN: Monday October 7, 2013 from 8:00 until 11:30 am

TUITION: \$55.50 includes professional CE credit (3.3 contact hours) for nurses
DMACC, IBN #22; also, IBC has approved 2.75 hrs. in Special Populations.
Also dietitians, licensed professional counselors, and social workers.

INFORMATION: 515-633-7968, or 515-274-3904, or
Ruth.crossroads@gmail.com

REGISTRATION: CROSSROADS OF IOWA
4211 Grand Avenue, Des Moines IA 50312



*The Tsimshian Eagle
Pacific Raincoast Artist Gerry Dudoward.

*The American Eagle reflects the soaring perspective
through which we transcend trauma
with a surge of inner growth and new understanding.*



RELATED BOOKS BY GERAL BLANCHARD

ANCIENT WAYS: Indigenous Healing Innovations for the
21st Century; NEARI Press 2011
TRANSCENDING TRAUMA: Post-Traumatic Growth after
Physical, Sexual & Emotional Abuse; autumn 2013

Crossroads of Iowa

a not-for-profit organization

...develops fine programs and classes that enhance the potential of life.
www.crossroadsofiowa.webs.com, and Facebook



The ultimate goal is to reduce recidivism, through obtaining a
building for transitional housing for women who have completed
the Therapeutic Community drug treatment program at ICIW.

The prevalence of trauma, abuse, and depression among this
population of women is extremely high.

*"I have never met anyone struggling with addiction who did not carry
a strong trauma history."*
~ David Grand, Ph.D.



CO-SPONSORS



The Iowa Coalition Against Sexual Assault
The Orchard Place Trauma Informed Care Project