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Back Talk

November / December 2015

Paralyzed Veterans of America - Iowa Chapter

IPVA Open House—11/18/2015
Candy Brown, Judy McNamara, Jon Schneider and Myrt Van Dyke

Trackchair Presentation—12/14/2015
Jon Schneider, with Troy Weary, Todd Schulz, and Krista Tanner, President of ITC Midwest.

Above: Brian Reno delivered the trackchair from his home in Michigan to Des Moines and was most helpful in his instructions and demonstration.
Left: Kenny Lloyd, trying out his new Action Trackchair in the fields at his home in Union, Iowa.
A Message From The President  
Jon R. Schneider

Iowa Chapter Receives Two Action Trackchairs

President Jon Schneider, on behalf of the Board of Directors of the Iowa Chapter, recently accepted a remarkable donation of two Action Trackchairs (pictured below). We would also like to take this opportunity to thank the executives and employees of ITC, a regional power company, for these incredible gifts to our Chapter. ITC's commitment to helping Iowa's disabled veterans is sincerely appreciated.

One chair was presented to Iowa Chapter Vice President and National Director Kenny Lloyd, as he also organizes and hosts all of our hunting and shooting events. The other chair is being retained by the Chapter and stored for use by other members at our sponsored events. These trackchairs will enable our members to participate in activities that would otherwise be impossible. They will provide independence and mobility to these veteran heroes.

Special thanks also go out to Brian Reno of Michigan Outdoor Mobility who produces the Action Trackchair and who delivered the two chairs to the Des Moines office of ITC. He also made sure that the trackchairs were then delivered to our Chapter office and gave detailed instructions and informational demonstrations before leaving.

JRS
From the Desk of the National Director
Kenny Lloyd

2015 Paralyzed Veterans of America
Iowa Chapter Pheasant Hunt

Our first pheasant hunt was held in Ogden, Iowa. I have wanted to have a pheasant hunt for our chapter for a long time but I knew the populations of the birds were down in Iowa. Our chapter was contacted by Stacey Night and she had some property that she said we could go hunting on this year. I knew that hosting a pheasant hunt for our chapter would start out with a small number of people participating.

Dan Alberts and I were the only ones but we both had a great time. Dan was able to bring his Dad Jim along and I was able to bring my brother Gary. We met at eight o’clock at Stacey’s farm. They led us to a piece of property that they had made food plots and tall grass just perfect for Pheasants. She had told me that they were keeping other people out and was saving this just for Paralyzed Veterans. I want to say thank you to Stacey for allowing us to hunt on her property and setting this hunt up for us.

This being the first time, it was a learning experience for us on how to do things. They were going to load Dan and me up in the back of pickups but we were not sure how this was going to work. They thought about loading us up on a trailer and then to a pickup but it did not work out. But what did finally work and worked very well is they backed the pickups into a ditch, which allowed Dan and me to roll from the road right into the back of the pickups.

Next they drove us out into the field and positioned us at different locations. Now when you look at the pictures that are posted you are only seeing one pheasant, but I can tell you there was a lot more than one pheasant. I was so disappointed when I got ready to shoot at my first bird for the day. I had a bird coming right over my head and I was aiming at him and pulled the trigger. All I heard was a click. I heard this same click three times and I knew then I was not going to shoot anything with this gun. I thought maybe it was the shells when I could see an indentation on the primer of my shells, but it turned out it was the firing pin on my shotgun. I shot a turkey last spring with the same gun so I had no idea there was a problem with it. Jim let me use his gun later but unfortunately I did not get a chance to shoot at any birds. Next year I am bringing a back-up gun.

Seeing all the birds we saw that day would not have happened if it hadn’t been for the volunteers Stacey had recruited. I want to say a big thank you to Jody Night, Morgan DeMark, Tim Schlenker and Stacey for all the walking they did that day through the tall grass. I heard Morgan say that her smart phone said they had walked four miles. Walking through that much tall grass is not an easy task. We did not have any dogs to help us out but we are hoping to change that next year. We are also planning to shoot some trap before we go out hunting next year too. That will give us a chance to warm up before going out to shoot birds.

We saw more birds this year than we had seen in Iowa for a long time. Stacey also told me that they would try to keep everybody out of hunting this property and save it for our group. We have not yet set a date for next year but as soon as we do the chapter will post it in our newsletter. This year did not work out to have it on opening day but maybe next year it will. If you are interested in hunting some pheasants next year, you can contact our office at 1-888-909-4782 or me at 515-570-1402.
A Message from PVA National Service Office  
By: Anthony Steele, Central-Central Area Manager

Burial and Memorial Benefits

It is often difficult for us to think of preparing ourselves for the unavoidable, such as preparing the burial arrangements for a loved one. We all choose to approach this bridge when the time comes but, it's not a bad idea to know what the “Burial and Memorial Benefits” consist of. For instant, almost all veterans are eligible for military honors, which may be requested by the family’s funeral director. There are a number of benefits under 38 U.S.C. 2301-2308, Chapter 23 that a deceased veteran’s family may be entitled to such as: flags, funeral expenses, plot allowance, claims for reimbursement, headstones, markers, burial receptacles, and transportation of deceased veteran to a national cemetery.

Burial in a VA national cemetery is available for eligible veterans, spouses, and dependents at no cost. Veterans, active duty service members, retired reservists, and National Guard service members, are eligible for an inscribed headstone or marker. The spouse and dependent children are eligible for government headstone or marker also if they are buried in a national or state veterans’ cemetery.

VA will pay a burial and funeral allowance of up to $2,000.00 for Veterans who die from service-connected injuries and up to $300.00 for Veterans from non-service-connected injuries that had been entitled to receive pension or compensation at the time of their death. VA will pay up to $734.00 when the veteran’s death occurred in a VA facility, a VA contracted nursing home or a state veteran’s nursing home.

As we discussed the burial and funeral expenses, it is good to know that the person who paid the Veteran’s burial expenses may claim reimbursement from VA. In some cases, VA will also pay the cost of transporting the remains of a veteran whose death was service-connected to the nearest National Cemetery. There is no time limit on filing reimbursement claims in service-connected death claims. Also there is a plot allowance of up to $734.00 when the Veteran is buried in a cemetery not under U.S. government jurisdiction if the Veteran was discharged from active duty because of the disability, and receiving compensation or pension, or the veteran died in a VA facility.

Upon request the Department of Defense (DoD) will provide military funeral honors consisting of folding and the presentation of the United States flag and the playing of Taps. Finally, we should all be aware of the Presidential Memorial Certificates that are issued to recognize the military service of the honorably discharged deceased veterans and person who died in the line of duty.

If you should have any questions concerning this topic please feel free to contact Gus Gonzales, Local National Service Officer at 515-323-7544 or 1-800-795-3602.
From the Desk of the Executive Director
Kim Gould

I recently had the opportunity to meet with Renee Jetter, Lead Trainer at the Puppy Jake Foundation. Puppy Jake Foundation is a 501(c)(3) non profit organization dedicated to providing professionally trained service dogs to wounded military veterans free of charge. They were founded in February 2013.

The dogs provided by Puppy Jake Foundation are trained to assist with:

- PTSD: block, watch, interrupt flashbacks, navigate crowds
- Mobility: turn on/off lights, open/close doors and drawers, pick up items, retrieve items

Program Description:

- 5 dogs have been placed
- 34 dogs are currently in program at various training stages
- Train Golden Retrievers, Labrador Retrievers and German Shepherds
- Working with ARL to identify rescue dogs (older so as to test for health clearances)
- Costs range from $18,000 to $20,000 from puppy to placement
- Raise and train dogs for 18-24 months
- Foster families are all volunteers
- Lead Trainer and Trainer are paid positions, with 4 additional trainers who are volunteers
- Extensive training program: weekly classes, outings, travel, homework and evaluations

Veterans:

- Application is on website
- 2 week team training with veteran and dog prior to graduation
- long waiting list
- work with support system and medical providers

Administration:

- Annual Report on website
- BBB Charity Accreditation
- Working toward Assistance Dogs International (ADI) for accreditation
- Strong Board of Directors
- 80 regular volunteers

Ways to Volunteer:

- Foster family - Keep and provide training from puppyhood until ready for placement. (18 - 24 months)
- Puppy sitter
- Special events
- PR/media

Currently combat injured veterans are priority, but all other veterans are encouraged to apply and dogs are provided as available to all who qualify. Applications are available at the Iowa PVA office.

Kim
Disabled Hunting Opportunities

We were recently contacted by a gentleman named Brent Wesemann. Mr. Wesemann and his parents live in NE Nebraska and would like to offer some hunting opportunities to disabled veterans.

At the moment, they have constructed some enclosed blinds that are raised approximately 7'-9' off of the ground with ladder access. They also have ground blinds available. This year they are not really set up for wheelchair hunting; however, they can get veterans out in wheelchairs. These hunters would be in portable ground blinds that really don't offer good vantage points for deer. They plan to make at least one raised blind with wheelchair access next summer.

Seasons available to hunt are rifle deer, muzzle loader deer, spring turkey, and pheasant. (The rifle and muzzle loader deer are full for the 2015 season). Pheasant hunting is open depending on the weekends that it will be hunted for deer and a couple of family hunts planned over the Thanksgiving long weekend and Christmas time. (Wheelchairs would be unable to work in crop fields). Spring turkey season opens in mid-April and goes till the end of May. There will be mobile ground blinds available for use by wheelchair hunters.

If the veteran is not wheelchair bound and Brent’s parents are home, they would love to host them in their home. (House and facilities are not wheelchair accessible.) There is also a small motel in town approximately 5 miles from the farm.

The Wesemann’s are not connected with any organization, are not compensated, nor looking for compensation. If you are interested in this opportunity, please contact Brent directly at bwesem@hotmail.com or call him at 402-677-5581 between 6-9 pm to discuss further details.

Reading Glasses for our Vets

Paralyzed Veterans of America-Iowa Chapter is now the collection point for reading glasses to be donated to the Des Moines Veterans Hospital. These contributions will be very appreciated by our hospitalized Veterans so please feel free to drop off at our office at 7025 Hickman Road, Suite 1, Urbandale.

Thank you for your help.
DONATION INFORMATION

Thank you so much for thinking of us. Many residents here rely on the generosity of the individuals and organizations who graciously donate to them. We currently have over 600 residents with a variety of needs.

1. How to donate:
   • Please check our current needs by calling 641-753-4406 or checking our website www.ivh.iowa.gov.
   • Please notify Volunteer Services of your donation ahead of time by calling 641-753-4406
   • Please send/deliver to: QUARTERMASTER, 1301 Summit St, Marshalltown, IA
     Include organization and/or name of person donating, a complete address, phone number and monetary value (if you wish to assign one).
   • Monetary donations are always welcome for our Christmas Fund and our Recreation Fund. Please make out checks to the Iowa Veterans Home and send to Volunteer Services, 1301 Summit St, Marshalltown, IA

2. Items Currently Needed:
   • Word Search, “Fill-it-in”, and Variety puzzle books
   • Men’s aftershave/cologne (no aerosol)
   • Full size personal care items (shampoo, deodorant, men’s body wash)
   • Candy bars – full size & snack size
   • Individually wrapped snack items (“Little Debbie” snacks, chips, cookies)
   • Microwave popcorn
   • Cans of soda pop (diet & regular)
   • Bottles of ketchup and mustard
   • Forever Postage Stamps
   • Used tennis balls for the bottom of walkers
   • Heavy material to make bags to hold wheelchair pedals
   • Men’s Cloth Handkerchiefs (NEW - white)
   • Large Print Playing Cards
   • NEW CLOTHING DONATIONS: Only new clothing will be accepted. Primarily XL and above (as large as 5X)
     Tennis Shoes, Tee Shirts w/Pocket, Underwear, Gloves, Coats, Socks, Long Sleeved Undershirts, Sweat pants, Sweat Shirts, Pajamas, are especially needed
   • iTunes gift cards for Music Program
   • Relaxation, country and big band CDs
   • Country, big band and patriotic songbooks
   • Money – earmarked for dorm refrigerators, recliners, and lift chairs
   • Popcorn for Tuesday Popcorn Program (white regular popcorn – not microwave)
   • Craft Items - Dry erase markers, colored pencils, simple snap on models, paint or color by number, modeling clay, canvases, acrylic and watercolor paints, temper paints, any kids or simple art projects, fabric, sewing machine thread, old jewelry/beads

3. We Do Not Accept:
   • Used clothing -
   • Trial sized or used personal care items - (shampoo, deodorant, body wash, lotion)

NOT needed at this time: lap blankets, playing cards, books, combs, toothpaste or toothbrushes.
As we prepare to spend time with our loved ones and reflect on the blessings we received this year, please keep in mind the importance of self-care. You cannot take care of others if you neglect to take time for yourself. We have included the next couple of month's calls. Also included are some links for Webinars you can self-register for through Easter Seals.

The following calls are the Caregiver Support Line telephone education group focused on strategies to enhance resilience and restore balance.

**Care for the Caregiver: Creating a Space for You:**
**Caring for a Loved One at Home**
Tuesday, January 12th at 9:00 am CT
With encore sessions
Wednesday, January 27th at 3pm CT
Wednesday, January 20th at 6pm CT

**Care for the Caregiver: Leaning into Love: Building Strong Relationship Bonds**
Tuesday, February 9th at 9am CT
With encore sessions
Wednesday, February 17th at 6pm CT
Wednesday, February 24th at 2pm CT

Online Easter Seals Webinars are available 24/7 and you can self-register:

- Beyond the Blues: When Sadness Becomes Depression: [http://www.easterseals.com/explore-resources/for-caregivers/webinar-4-beyond-the-blues.html](http://www.easterseals.com/explore-resources/for-caregivers/webinar-4-beyond-the-blues.html)

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**SUPPORT THE IOWA PVA**

The Iowa Paralyzed Veterans of America relies solely on private donations and receives NO government funding! Your contribution is 100% tax deductible, as we are a 501(c)(3) corporation. Support by individual donors and businesses enable us to make our services FREE to members. Please support our mission through a direct donation to:

Iowa Paralyzed Veterans of America (Iowa PVA)
7025 Hickman Rd, Suite #1
Urbandale, IA 50322

Thank you!

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**Have you considered including Iowa Paralyzed Veterans of America in your will or trust?**

“It takes a notable person to plant a seed for a tree that will one day provide shade for someone he may never meet”

This type of donation will serve as an investment in our organization that will reap our members benefits for many years to come.

---

**Indianola Home Medical Supply L.L.C.**
**207 South Howard St.**
**Indianola, IA 50125**

**Wheelchairs, Scooters, Bathroom Safety and Daily Living Products**

**Full Service and Parts Department**

**Home Modifications, Patient Lifts, Entry Ramps, Stair Lifts, Porch Lifts, Scooter Lifts and Elevators**

Darl Kaldenberg, Manager
Phone: 515-962-0701
Fax: 515-962-9251
# Paralyzed Veterans of America

## Sports & Recreation Schedule of Events

For more information, contact Paralyzed Veterans Sports at 800.424.8200 or pva.org/sports

### Paralyzed Veterans National Shooting Sports Circuit

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona</td>
<td>Oct. 30–Nov. 1, 2015</td>
<td>Pistol Shoot Tucson, AZ</td>
</tr>
<tr>
<td>Cal-Diego</td>
<td>Jan. 22–24, 2016</td>
<td>Rifle &amp; Pistol Shoot Redlands, CA</td>
</tr>
<tr>
<td>Florida Gulf Coast</td>
<td>March 3–5, 2016</td>
<td>Odessa, FL</td>
</tr>
<tr>
<td>Nevada</td>
<td>March 18–20, 2016</td>
<td>Pistol Shoot Las Vegas, NV</td>
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### Paralyzed Veterans Bass Tour

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>Florida Gulf Coast</td>
<td>April 1–3, 2016</td>
<td>Lake Toho Kissimmee, FL</td>
</tr>
<tr>
<td>Virginia</td>
<td>June 3–5, 2016</td>
<td>Baltimore, MD</td>
</tr>
<tr>
<td>Florida Gulf Coast</td>
<td>May 13–15, 2016</td>
<td>Rend Lake Mt. Vernon, IL</td>
</tr>
<tr>
<td>Kentucky-Iniana</td>
<td>May 20–22, 2016</td>
<td>Kentucky Lake Gilbertsville, KY</td>
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### Annual PVA/AWBA Bowling Tournament Series

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nevada</td>
<td>Dec. 3–6, 2015</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>Cal-Diego</td>
<td>TBD</td>
<td></td>
</tr>
<tr>
<td>Florida</td>
<td>Feb. 26–28, 2016</td>
<td>Tampa, FL</td>
</tr>
</tbody>
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### Boccia Clinics

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>Cal-Diego</td>
<td>Oct. 28–29, 2015</td>
<td>San Diego, CA</td>
</tr>
<tr>
<td>Kentucky-Iniana</td>
<td>March 18–20, 2016</td>
<td>Louisville, KY</td>
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</tbody>
</table>

### Annual Air Rifle & Pistol Program

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cal-Diego</td>
<td>Jan. 18–19, 2016</td>
<td>San Diego, CA</td>
</tr>
<tr>
<td>Mid-Atlantic</td>
<td>March 10, 2016</td>
<td>Richmond, VA</td>
</tr>
<tr>
<td>Buckeye</td>
<td>April 29–30, 2016</td>
<td>Geneva, OH</td>
</tr>
<tr>
<td>National</td>
<td>TBD</td>
<td></td>
</tr>
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### Annual PVA/NWPVA Billiards Tournament Series

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>Mid-Atlantic</td>
<td>March 18–20, 2016</td>
<td>Midlothian, VA</td>
</tr>
<tr>
<td>Mid-America</td>
<td>April 1–3, 2016</td>
<td>Oklahoma City, OK</td>
</tr>
<tr>
<td>Buckeye*</td>
<td>July 22–24, 2016</td>
<td>Independence, OH</td>
</tr>
</tbody>
</table>

* A non-NWPA sanctioned event

### Paralyzed Veterans Handcycling Schedule

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marine Corps</td>
<td>Oct. 25, 2015</td>
<td>Washington, DC</td>
</tr>
<tr>
<td>Blue Grey Races</td>
<td>Oct. 31–Nov. 1, 2015</td>
<td>Gettysburg, PA</td>
</tr>
</tbody>
</table>

Updated 10/19/2015
Photos From the 2015 IPVA Christmas Party
Veteran Owned and Operated

Iowa’s Leader In Mobility Vans

** $1000 Veteran Discount Available **

• Convienent Locations Serving Iowa, Nebraska, & Illinois
• Top Dollar For Your Trade-In!!!
• New & Used Wheelchair Vans
• Many Makes, Models & Conversions To Chose From
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• 24 Hour Emergency Service

• Toll-Free: (877) 543 - 8826
• Email: rods@iowamobility.com
• Website: www.iowamobility.com
# IVH Pool Tournament

**DATE:** JANUARY 16, 2016  
**TIME:** 9:00AM  
**Location:** Iowa Veterans Home  
*Malloy Building*  
*LRC Room*

This event is free and open to anyone, however all competitors MUST shoot from a wheelchair.  
Please RSVP by January 8th by calling the IPVA office at 888-909-4782 or 515-277-4782.  
Kim or Linda will be happy to sign you up!

## Participants Invited: Spinal Cord Injury Research Studies (2)

<table>
<thead>
<tr>
<th>A)</th>
<th>B)</th>
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</thead>
<tbody>
<tr>
<td><strong>Interested persons are invited to participate in a study to determine if nerve, muscle, and bone can recover after spinal cord injury. Compensation will be provided.</strong></td>
<td><strong>Interested persons are invited to participate in a study to determine if the negative metabolic consequences of spinal cord injury can be prevented or reversed. Compensation will be provided.</strong></td>
</tr>
<tr>
<td>Study participants may participate in various ways to exercise and load the paralyzed extremities. Periodic assessment of reflexes, muscle strength, and bone density will be taken. The study will include a “control group” of individuals who undergo these periodic tests but who do not perform the daily exercise protocol.</td>
<td>Study participants will perform electrical muscle stimulation of one or both legs on 5 days per week. Periodic assessment of reflexes, muscle strength, muscle proteins and bone proteins will be performed. The study will include a “control group” of individuals who undergo these periodic tests but who do not perform the daily exercise protocol. Participation in the study will last for 6 months.</td>
</tr>
</tbody>
</table>

Eligible subjects will have the following characteristics:

- 1) Spinal cord injury between C4 and T12  
- 2) Unable to move the legs  
- 3) Have impaired feeling in the legs  
- 4) Be at least 14 years old.

Eligible subjects will have the following characteristics:

- 1) Spinal cord injury between C5 and T12  
- 2) Unable to move the legs  
- 3) Have impaired feeling in the legs  
- 4) Be at least 18 years old.

Interested individuals are invited to contact the study coordinator, Dr. Shauna Dudley-Javoroski at 319-356-8203, or at shauna-dudley@uiowa.edu.
Dear Charity Administrator,

We have just completed AmazonSmile donation disbursements for the 2015 Q3 disbursement cycle to organizations that generated the $5 minimum disbursement amount or more. Paralyzed Veterans Of America will not be receiving a donation this quarter from the AmazonSmile Foundation because your donation balance was less than the $5 minimum disbursement amount. Don't worry - we will hold your donation and add it to a disbursement in a future quarter. For more details, visit http://org.amazon.com and click on the Receive Donations tab.

In the meantime, you can increase your organization's donation potential by spreading the word about AmazonSmile. Sign in to http://org.amazon.com and click on Marketing Tools to access customized online tools to let your supporters know that their AmazonSmile shopping can support Paralyzed Veterans Of America. Here are several tactics that have been successful for participating organizations.

**Share this link**: http://smile.amazon.com/ch/42-1320922 and ask your donors, volunteers, employees, and friends to bookmark this link so all their eligible shopping will benefit Paralyzed Veterans Of America.

**Send an email**: In your next email newsletter to supporters, promote your AmazonSmile participation and include the link above.

**Copy and paste this message in a Facebook post**: When you shop at AmazonSmile, Amazon donates 0.5% of the purchase price to Paralyzed Veterans Of America. Bookmark the link http://smile.amazon.com/ch/42-1320922 and support us every time you shop.

**Copy and paste this message in a Tweet**: Amazon donates to Paralyzed Veterans Of America when you shop @AmazonSmile. http://smile.amazon.com/ch/42-1320922 #YouShopAmazonGives

If you have any questions, please sign in to http://org.amazon.com and click on the Help tab to see our FAQ topics.

Thank you for your participation in the AmazonSmile program!
The Disaster Relief Form below was received from Robert Preston, Director of Field Services at National Paralyzed Veterans of America. PVA is here and available to assist those members who are impacted by devastating disasters. Please contact your local chapter office at 515-277-4782 or 1-888-909-4782 and we can provide you with these forms.

![Disaster Relief Form]

Full Name: ________________________________

Street Address: ________________________________

City: __________________________ State: ____________ Zip Code: ________________

Phone: ______________________ SSN: ___-___-_____

Second point of contact or location where you can be reached: ________________________________

PVA Member: Yes ☐ No ☐

PVA Chapter (if member): ________________________________

Are you service-connected: Yes ☐ No ☐

Branch of service: __________________________________________

Nature of disability: _______________________________________

Name, address, and phone number of insurance company: ________________________________

Reason assistance is required (check all that apply):

Accessibility Modifications ☐ Temporary Shelter ☐ Prosthetic Appliances ☐

Transportation ☐ Medical Supplies ☐ Food ☐

Please attach on a separate sheet an explanation of the damages sustained from the natural disaster and an itemized list of the cost of damages to include expenses paid for replacement items, i.e., cost of repairs to roof, food expenses, etc. Also include the following statement:

I certify that the assistance requested is the result of ____________________, and that I am not receiving reimbursement of expenses from other sources. If funds are received (from insurance, etc.) to cover loss, I will reimburse PVA. By signing this application, I authorize agents of Paralyzed Veterans of America to independently verify the truth of the statements I have made both on this application and orally during the application process. I also understand that any misrepresentation of material fact may result in the voiding of my eligibility for funds. I understand that such misrepresentation will require me to reimburse Paralyzed Veterans of America the funds given to me.

Signature of Applicant: ________________________________ Date: ________________
# CALENDAR OF UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/13</td>
<td>DSM VA Hospital Liaison Site Visit - 9:00 a.m.</td>
</tr>
<tr>
<td>1/14</td>
<td>Bingo at the DSM VA CLC - 6:30 p.m.</td>
</tr>
<tr>
<td>1/16</td>
<td>IPVA Pool Tournament at the Iowa Veterans Home - 9:00 a.m.</td>
</tr>
<tr>
<td>1/18</td>
<td>Iowa PVA Office Closed in Observance of Martin Luther King Jr. Day</td>
</tr>
<tr>
<td>1/20</td>
<td>Veterans Day on the Hill at the Iowa State Capitol - 9:00 a.m.</td>
</tr>
<tr>
<td>1/20</td>
<td>IPVA Board of Directors Meeting at the IPVA Office - 1:00 p.m.</td>
</tr>
<tr>
<td>1/28</td>
<td>Iowa City VA Hospital Liaison Site Visit - 2:00 p.m.</td>
</tr>
<tr>
<td>1/28</td>
<td>Castaways Disabilities Planning Meeting at the Iowa City VA - 2:30 p.m.</td>
</tr>
<tr>
<td>2/1</td>
<td>VAVS Executive Comm. Meeting at the DSM VA - 9:30 a.m.</td>
</tr>
<tr>
<td>2/10</td>
<td>Salute to Hospitalized Veterans at the Iowa Veterans Home</td>
</tr>
<tr>
<td>2/11</td>
<td>Bingo at the DSM VA CLC - 6:30 p.m.</td>
</tr>
<tr>
<td>2/15</td>
<td>Iowa PVA Office Closed in Observance of Presidents’ Day</td>
</tr>
<tr>
<td>2/18</td>
<td>IPVA Board of Directors Meeting at the IPVA Office - 11:00 a.m.</td>
</tr>
<tr>
<td>2/25</td>
<td>Iowa City VA Hospital Liaison Site Visit - 2:00 p.m.</td>
</tr>
<tr>
<td>2/25</td>
<td>Castaways Disabilities Planning Meeting at the Iowa City VA - 2:30 p.m.</td>
</tr>
<tr>
<td>3/1 - 3/4</td>
<td>Advocacy/Legislative Seminar in Washington DC</td>
</tr>
</tbody>
</table>

## Total Mobility

Total Mobility is a full line mobility dealer specializing in:

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## Contact Us:

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ATTENTION

Please check out our new and improved web page! [www.iowapva.org] Many items of interest will be posted frequently. This will bring you news about the chapter between newsletters. It is a work in progress, but you will find it very interesting and informative.

Please provide us with your email address. We would like to provide you your newsletter and other information electronically. This will make it easier for you and less expensive for us.
Doug Gordon asked us to show this listing to any vets looking for a good house that is full wheelchair accessible. He will be listing the house with Remax. It was built for Charles E Smith in 1989.

Charlie and Georgia Smith (Doug’s parents) were PVA members for years and have owned the house since new and kept it up well. The address is 7625 Goodman Drive, Urbandale, Iowa. They are asking $265,000 OBO: 4 bedroom, 3 bath, roll-in shower, upstairs laundry, wheelchair lift to the basement, generator backup, cement ramps in all entry points.

If you know of anyone interested in a well-built home with all handicap options, please contact the Remax realtors DeAnn Lee (515-556-8079) or Ken Lee (515-314-3320).
Wheelchair Basketball

Adaptive Sports Iowa continues to host weekly wheelchair Basketball pickup games in Ankeny. The games are held at the First Family Church located at 317 SE Magazine Road. The facility is reserved from 6-8 p.m. every Thursday night. Adaptive Sports Iowa will have six sports chairs on site. There is no cost to participate. Come out and enjoy the fun.

Robert K. Rankin
President-CEO

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Fax: (515) 986-5014 E-mail: bobrankin@rankincom.com

iGive Shopping Donation Program

Iowa PVA recently became part of the iGive online shopping program. As friends and supporters of Iowa PVA, this is an easy and inexpensive (free) way to support our programs and causes.

1. Log in to iGive.com and create a free iGive account. You simply create a login in and password and designate Paralyzed Veterans of America - Iowa Chapter as your cause. By simply creating this account, $5 is donated to us automatically.

2. After your account is created, any online shopping you do from over 1000 participating stores generates a donation to our organization (%). The only catch is that you must log in to iGive and then choose the store you wish to order from.

Please visit the iGive website. You will see that almost every store you can think of is listed as options for your online shopping needs.

Thank you for your continued support.
ARE YOU MOVING????
Don’t forget to notify the office of your new address. If you are a PVA member, we will let National PVA and PN PARAPLEGIA NEWS know where you are moving to, so you won’t miss a single issue.
Call us at 888-909-4782.