2017 PVA National Trapshoot Circuit Year-End Event
Otter Creek Sportsman’s Club
Cedar Rapids, Iowa

Richard C. Reese
MEMORIAL SHOOT

Iowa PVA
A Message From The President
Jon R. Schneider

Great News for Our Disabled Veterans

VA Secretary Shulkin unveils world’s most advanced commercial prosthesis

Veterans are first to receive the technology

NEW YORK — Today, Secretary of Veterans Affairs David J. Shulkin, M.D., unveiled the world’s most advanced commercial prosthetic — the Life Under Kinetic Evolution (LUKE) arm — during a visit to the VA New York Harbor Health Care System’s Manhattan campus.

The event also included a demonstration of the technology by the first Veteran amputees to receive the device.

A collaboration between VA, the Defense Advanced Research Projects Agency (DARPA) and industry, the LUKE Arm is the product of nearly eight years of testing and research, and holds the potential to significantly benefit Veterans and others with upper-extremity amputations. Unlike less-advanced prosthetics, the entire LUKE arm can move as one unit, reducing the labor-intensive process of controlling one joint at a time. The LUKE arm also features the first commercially available powered shoulder, with up to 10 powered degrees of freedom.

Simply stated, the LUKE arm will help restore Veterans’ ability to perform a variety of one and two-handed activities. With accompanying rehabilitation, recipients can use the LUKE arm to perform tasks, such as drinking from a glass, picking up small pieces of food to eat, cooking or gift-wrapping presents.

“The LUKE arm is a shining example of why VA exists,” Secretary Shulkin said. “There is no commercial market for this type of technology. The patient population is simply too small to motivate private companies to pursue these types of advancements on their own. This is why VA and its research efforts — efforts that could not be replicated in the private sector — are so important.”

Fred Downs and Artie McAuley are the first Veterans to receive the LUKE arm.

“The LUKE arm is a great tool, especially for high-level amputees like me,” McAuley said. “I’m amazed by the technology, and the level of flexibility and full range of motion, which allows me to do much more independently.”

Fred Downs added, “The technology has definitely been an improvement in my ability to perform day to day activities, most notably in grasping. It’s useful when an opposing hand is needed, in the workshop or while cooking.”

In fiscal year 2016, VA provided care for nearly 90,000 Veterans with amputations, more than 20,000 of whom had upper-limb involvement.

We hope the new prosthetic LUKE arm information is helpful to our IPVA members.

JRS
Our National Convention this year was held at Gaylord National Resort and Convention Center, Oxon Hill, Maryland this past May. As usual we had the reports from National Staff and the Executive Committee. The Board of Directors can always ask questions after the reports. Our guest speaker was Department of Veterans Affairs Senior Executive David J. Shulkin. The Honorable David J. Shulkin was nominated by President Trump to serve as the ninth Secretary of Veterans Affairs (VA) and was confirmed by the United States Senate. Dr. Shulkin has been named as one of the “50 Most Influential Physician Executives in the Country” by Modern Healthcare.

Below are the resolutions that the Board of Directors debated.

17-M-1 Establishing Services to Members at Large  
17-M-2 Revocation of the Speedy Award  
17-M-3 Remove ACED & ACGRD from Administrative Guide  
17-M-4 Temporary Prohibition Against Former National Organization Employees From Serving in a National Leadership Position  
17-M-5 Bobb Webb Excellence in Newsletter Criteria  
17-M-6 Increasing Approved Attendant Rate  
17-M-7 Changes to the Awards Section of the PVA Administrative Guide  
17-M-8 PVA Equity Investment Policy  
17-M-9 Clarify Oversight of Incentive Savings Plan  
17-M-10 Statement Regarding Chapter Employees  
17-M-11 Chapter Election Policies and Procedures Executive Committee  
17-M-12 Add a Requirement of Management Letter to the Chapter Audits  
17-M-13 Extending Implementation of Minimum Chapter Program Expense Ratio Requirement  
17-M-14 PVA Chapter Admin Manual Revisions with Staff Changes  
17-M-15 Phase Out Telemarketing  
17-M-16 VA Prosthetics Denying Reimbursement for some Automobile Adaptive Equipment  
17-M-0-01 Chapter Hospital Liaison Form  
17-M-0-02 Development of Underserved Areas

Next to the last thing on our agenda was the passing of the budget for 2018. There is always a lot of debate when it comes to the budget; however, the Board of Directors did pass a balance budget for 2018. The last thing on the agenda was electing the Executive Committee. Our new President is David Zurfluh; Senior Vice President is Ken Weas; the four Vice Presidents are Charles Brown, Hack Albertson, Joe Fox Sr., and Robert Thomas; Treasurer Tom Wheaton, and Secretary Larry Dodson.
The Iowa Paralyzed Veterans of America invites you to attend the Iowa State Fair on us. We are again offering **FOUR FREE tickets** per family for our Family Time August event.

We do ask, if possible, to please participate in the *Veterans Day Parade* on Monday, August 14th. **FREE parking passes will be issued prior to the parade.** The Iowa Military Band will play and there will be other specific events honoring our nation’s veterans. **Please know that by being in the parade, you will have free admission for that day AND you can use your four FREE tickets another time! Plus, those who participate in the parade will be the only ones eligible for any extra unclaimed tickets.**

The *Veterans Day Parade* is our chance to be recognized by thousands. We are historically the only group in the parade to receive a standing ovation which is a very touching tribute to those participating. While heat can be an issue, the past few years have been perfect.

**PLEASE CALL AND TELL US YOU WILL PARTICIPATE!!!**

All ticket orders must be received **before Monday, July 24.** For those participating in the parade, you may call the office and order any remaining tickets after August 10th. We will give you those extra tickets when you arrive to be in the parade. This is our most popular event of the year, so call to order your tickets ASAP. There will be NO reorder, so once the tickets are all spoken for, we will be done issuing tickets. As we have done in previous years, we will mail your tickets to you as soon as we receive them in our office.

Call today, 515-277-4782 or 888-909-4782, to order your Iowa State Fair Tickets!!!!
From the Desk of the Executive Director
Kim Gould

2017 National PVA Year End Trapshoot Event - Cedar Rapids, Iowa

The Iowa Chapter had the opportunity to host the 2017 National PVA Trapshoot event this year June 16-18 in Cedar Rapids, IA. It was our fourth annual shooting event and was again a huge success!

We had about 70 shooters in attendance, including approximately 45 wheelchair shooters, youth shooters (and parents and coaches) from Cedar Rapids Kennedy High School and of course, other shooting competitors. It was fantastic!

I would like to acknowledge a few who helped make this another great event. First of all, our volunteers. Kim Hawkins, Elaine Arnold, their families, Pauline Lloyd, Bev and Duane Frideres, Kim Schulte, Hilda Fox (who does all of the scoring, registrations and takes in all of the entry fees), Kenny and Pauline’s granddaughter, and all of the scorers at the trap club. Next would be our generous donors and sponsors. Rockwell Collins, General Mills, Seibert Mobility, the City of Cedar Rapids, SKB Gun Co., Jim and Dianna Russo, Mary Stalker, Hilda Fox, Bev Frideres, Kenny and Pauline Lloyd and Midwest Shooting Supply. And finally the venues and food providers. Otter Creek Sportsman’s Club, Midwest Shooting Supply, the Cedar Rapids Marriott, the Hampton Inn and Becky Tranter and her crew who prepare and provide the meals at the trap club.

Richard Dennis was the winner of the gun drawing. Mr. Dennis chose the money option, so the handgun will be the drawing prize offered at next year’s event.

The weather was perfect and the scores were impressive. Below are the results.

<table>
<thead>
<tr>
<th>Event</th>
<th>First Place</th>
<th>Second Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pistol Shoot</td>
<td>Jerry Bortner</td>
<td>Eric Bortner</td>
</tr>
<tr>
<td>Handicap, Long Yardage</td>
<td>Steve Wagner</td>
<td>Chaz Davis</td>
</tr>
<tr>
<td>Handicap, Mid Yardage</td>
<td>John Pilotte</td>
<td>Dan Mitchell</td>
</tr>
<tr>
<td>Handicap, Short Yardage</td>
<td>Cathy Brandner</td>
<td>Errol Lindsey</td>
</tr>
<tr>
<td>Doubles, Class AA</td>
<td>Kevin O’Conner</td>
<td></td>
</tr>
<tr>
<td>Doubles, Class B</td>
<td>Paul Carlson</td>
<td></td>
</tr>
<tr>
<td>Doubles, Class C</td>
<td>Gayle Lawson</td>
<td>Gary Trenkle</td>
</tr>
<tr>
<td>Doubles, Class D</td>
<td>Joe Pruuden</td>
<td>Jacob Lynch</td>
</tr>
<tr>
<td>Singles, Class AA</td>
<td>R.G. Prucha</td>
<td></td>
</tr>
<tr>
<td>Singles, Class A</td>
<td>Mark Hawn</td>
<td>John Dvorak</td>
</tr>
<tr>
<td>Singles, Class B</td>
<td>Keith Rheinhart</td>
<td>Brad Prull</td>
</tr>
<tr>
<td>Singles, Class C</td>
<td>Ryan Horak</td>
<td>Kelly Prull</td>
</tr>
<tr>
<td>Singles, Class D</td>
<td>Mark Moleski</td>
<td>Jenna Kinch</td>
</tr>
</tbody>
</table>

Overall For 21st Circuit

<table>
<thead>
<tr>
<th>Event</th>
<th>First Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chad Crowley Award</td>
<td>Ed Hutchinson</td>
</tr>
<tr>
<td>High Overall</td>
<td>Dave David</td>
</tr>
<tr>
<td>Homer S. Townsend Award</td>
<td>Doug Vann</td>
</tr>
<tr>
<td>Handicap, Long Yardage</td>
<td>Steve Wagner</td>
</tr>
<tr>
<td>Handicap, Mid Yardage</td>
<td>Gary Trenkle</td>
</tr>
<tr>
<td>Handicap, Short Yardage</td>
<td>Cathy Brandner</td>
</tr>
<tr>
<td>Doubles, Class D</td>
<td>Joe Pruuden</td>
</tr>
<tr>
<td>Singles, Class B</td>
<td>Keith Rheinhart</td>
</tr>
<tr>
<td>Singles, Class C</td>
<td>John Pilotte</td>
</tr>
<tr>
<td>Singles, Class D</td>
<td>Joe Fox, Sr.</td>
</tr>
</tbody>
</table>
The Mission Statement of Paralyzed Veterans of America

*The Paralyzed Veterans of America*, a congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members—veterans of the armed forces who have experienced spinal cord injury or dysfunction.

PVA will use that expertise to be the leading advocate for:

- Quality health care for our members,
- Research and education addressing spinal cord injury and dysfunction,
- Benefits available as a result of our members’ military service,
- Civil rights and opportunities which maximize the independence of our members.

To enable PVA to continue to honor this commitment, we must recruit and retain members who have the experience, energy, dedication, and passion necessary to manage the organization and ensure adequate resources to sustain the programs essential for PVA to achieve its mission.

Iowa PVA Pheasant Hunt

The pheasant hunt will be held on November 4, 2017 in Ogden, IA.

*The deadline for signing up will be October 27, 2017.*

For further information, please contact Kenny Lloyd at 641-486-2564.
Affinity Credit Union in Des Moines has chosen Iowa Paralyzed Veterans of America as one of three charities to benefit from their “Refinance for a Reason” donation program. For every customer that takes advantage of Affinity’s very low refinance rate, $50 will be donated to the charity of the customer’s choice (three listed). At the end of the donation program period, Affinity will match the total donation to the charity who was chosen the most. Please consider helping yourself by refinancing while also helping Iowa PVA!

### SHOTGUN DEER HUNT

December 9 & December 10, 2017

**THE ANNUAL IPVA DEER HUNT WILL BE HELD SATURDAY AND SUNDAY AT THE LLOYD FAMILY FARM IN UNION, IA. THIS EVENT IS ALWAYS A GOOD TIME, WITH GOOD HUNTING AND LUNCHES PROVIDED BY PAULINE LLOYD.**

**IF YOU WOULD LIKE TO JOIN US, PLEASE CALL KENNY LLOYD AT 515-570-1402 BY NOVEMBER 30TH TO REGISTER.**
Have you considered including Paralyzed Veterans of America - Iowa Chapter in your will or trust?

“It takes a notable person to plant a seed for a tree that will one day provide shade for someone he may never meet”

This type of donation will serve as an investment in our organization that will reap our members benefits for many years to come.

Paralyzed Veterans of America - Iowa Chapter relies solely on private donations and receives NO government funding! Your contribution is 100% tax deductible, as we are a 501(c)(3) corporation. Support by individual donors and businesses enable us to make our services FREE to members.

Please support our mission through a direct donation to:

Paralyzed Veterans of America - Iowa Chapter
7025 Hickman Rd, Suite #1
Urbandale, IA  50322

The Access and Quality in VA Healthcare tool is the most transparent and easy to understand wait time and quality data website in the health care industry. This tool provides Veterans with data they need so they can make informed decisions about their healthcare.

What is the Access and Quality Tool?

This tool allows Veterans to access the most transparent and easy to understand wait time and quality measures across the health care industry. That means Veterans can quickly and easily compare access and quality measures from their VA facility to other VA’s and make informed choices about where and when they receive their healthcare.

What can Veterans find in the tool?

- How long patients are waiting to be seen in their VA
- How Veterans describe their experiences scheduling primary and specialty care
- Timeliness of appointments for care needed right away
- Information about the quality of healthcare delivered at every medical center compared to local private sector hospitals.

Will Veterans be able to use this information to choose their healthcare facility?

Yes. This information informs Veterans about timeliness of care at VA facilities. The tool helps Veterans compare VA facilities to each other on wait times, veteran experiences with access, and other topics.

Indianola Home Medical Supply L.L.C.
207 South Howard St.
Indianola, IA  50125

Wheelchairs, Scooters, Bathroom Safety and Daily Living Products

Full Service and Parts Department

Home Modifications, Patient Lifts, Entry Ramps, Stair Lifts,
Porch Lifts, Scooter Lifts and Elevators

Darl Kaldenberg, Manager
Phone:  515-962-0701
Fax:  515-962-9251
Press Release

FOR IMMEDIATE RELEASE
June 13, 2017

CONTACT: Tracey Lynn Shifflett
202-416-7670
TraceyS@pva.org

Paralyzed Veterans of America Applauds Passage of VA Accountability Bill

Long-awaited legislation reduces burden of proof to terminate VA employees

WASHINGTON, DC— Paralyzed Veterans of America (Paralyzed Veterans) National President Al Kovach, Jr. today commends the U.S. Congress for passing the “VA Accountability and Whistleblower Protection Act,” which will heighten accountability at the Department of Veterans Affairs (VA); and ease restrictions that have protected VA employees exhibiting or condoning underperformance, negligence and/or criminal behaviors:

“Paralyzed Veterans of America applauds the House and Senate for final passage of this bill,” said National President Al Kovach, Jr. “Our organization has led the charge for the need for meaningful accountability at the VA from the beginning, and we are gratified to see the U.S. Congress placing a priority on the quality of workers caring for our veterans and the VA facilities. We do not believe this could have happened as efficiently as it did without Veterans Affairs Committee Chairman Phil Roe’s stewardship, and we thank him for his support of America’s veterans.

Paralyzed Veterans is the only veterans’ organization that conducts regular site visits in VA medical centers. We meet with clinical staff and patients regularly, and we have seen firsthand the negative impact of weak accountability. We look forward to President Trump’s swift signature, and Secretary Shulkin’s leadership in implementing the new accountability office.”

President Trump is expected to sign the legislation into law later this week.
**PARALYZED VETERANS OF AMERICA - IOWA CHAPTER**
**STARS AND STRIPES**
**GOLF OUTING**

Golf Event Fundraiser for Paralyzed Veterans of America - Iowa Chapter

**SATURDAY, AUGUST 26, 2017**
**4-PERSON BEST BALL FORMAT**
**TEE TIMES BEGIN @ 11:00 A.M.**
**WARRIOR RUN GOLF COURSE - NORWALK, IA**

9:45 - 10:45 A.M. - CHECK-IN
11:00 A.M. - SHOT GUN START
3:00 P.M. - AWARDS, PRIZES, GREAT FOOD

**ENTRY FEE: $300.00 PER 4-PERSON TEAM**
*INCLUDES 18 HOLES OF GOLF, CART, GREAT PRIZES & MEAL*
**LIMITED TO THE FIRST 18 TEAMS PAID - REGISTER ASAP**

**WARRIOR RUN GOLF COURSE**
3089 NORTH AVENUE
NORWALK, IA 50211
515-981-0266
www.warriorrunngolf.com

---

**2017 Iowa Paralyzed Veterans Of America**
**Golf Outing Registration Form**

**Team Contact Person**

Name:_____________________
Address:_________________
City, State, Zip:___________
Phone:___________________
E-Mail:__________________

To reserve your spot, please return this entry form & payment by **Monday, August 21, 2017** to:

Paralyzed Veterans of America - Iowa Chapter
7025 Hickman Rd. Suite #1
Urbandale, IA 50322

**4 Person Team**

Player #1:_________________
Player #2:_________________
Player #3:_________________
Player #4:_________________

Entry fee for 4 person team: $300.00

Please make checks payable to Iowa PVA

I am unable to play golf or attend, but I wish to provide the enclosed donation to assist our Paralyzed Veteran Heroes.

$__________

If you have any questions or would like to donate prizes, please contact Kim Gould at 515-669-8746 or iowapvakin@yahoo.com

---

The Paralyzed Veterans of America - Iowa Chapter is a non-profit 501(c)3 Veterans Service Organization. Our mission is to improve the quality of life for those veterans who have experienced a spinal cord injury or have been diagnosed with a disease affecting the spinal cord. Providing sporting opportunities to these veterans is essential to accomplishing our mission. All funds raised through this event will be used to sponsor our paralyzed veterans to attend and participate in wheelchair sporting events. Please support these veteran heroes.
Veteran Owned and Operated

Iowa’s Leader in Mobility Vans

★★ $1000 Veteran Discount Available ★★

- Convenient Locations Serving Iowa, Nebraska & Illinois
- Top Dollar for Your Trade-In
- New & Used Wheelchair Vans
- Many Makes, Models & Conversions to Choose From
- Hundreds of Vans Available
- Sales & Service
- Wheelchair Lifts & Driving Controls
- VA Funding & Financing Available
- Buy-Back Program
- Stairlifts & Other Equipment
- 24 Hour Emergency Service

Phone: 319-351-3159 / 877-543-8826

www.iowamobility.com

Email rods@iowamobility.com
ANNUAL AIR RIFLE & AIR PISTOL PROGRAM

Arizona Air Rifle/Archery & Bocce Tournament*
Sept. 6-8, 2017
Phoenix, AZ

West Virginia Air Rifle & Bocce*
Oct. 28-29, 2017
 Martinsburg, WV

Cal-Diego Air Rifle Tournament
Jan. 22-23, 2018
San Diego, CA

Mid-Atlantic Air Rifle Tournament
March 7-8, 2018
Richmond, VA

Wisconsin Air Rifle Tournament
March 23-25, 2018
Milwaukee, WI

Bucksy's Air Rifle Tournament
April 21-22, 2018
Geneva, OH

KY-IN Air Rifle & Bocce Tournament*
Date - TDB
Louisville, KY

*Indicates combined events

PARALYZED VETERANS NATIONAL SHOOTING SPORTS CIRCUIT

Wisconsin Shooting Sports Tournament
Aug. 4-6, 2017
Pistol & Rifle Tournament - Aug. 4
Green Bay, WI

North Central Shooting Sports Tournament
Sept. 8-10, 2017
Pistol Tournament - Sept. 8
Sioux Falls, SD

Keystone Shooting Sports Tournament
Sept. 22-24, 2017
Pistol Tournament - Sept. 22
Cariton, PA

Arizona Shooting Sports Tournament
Nov. 3-5, 2017
Pistol Tournament - Nov. 3
Phoenix, AZ

Mid-Atlantic Shooting Sports Tournament
Nov. 10-12, 2017
Charles City, VA

Florida Gulf Coast Shooting Sports Tournament
March 1-3, 2018
Odessa, FL

Nevada Shooting Sports Tournament
March 16-18, 2018
Pistol Tournament - March 16
Las Vegas, NV

Cal-Diego Shooting Sports Tournament
March 23-25, 2018
Pistol & Rifle Tournament - March 23
Redlands, CA

Vaughn Shooting Sports Tournament
April 20-22, 2018
Edwardsville, IL

Minnesota Shooting Sports Tournament
May 18-20, 2018
Minneapolis, MN

Lone Star Shooting Sports Tournament
June 22-24, 2018
Waxahachie, TX

Iowa Shooting Sports Tournament
June 15-17, 2018
Pistol Event - June 15, 2018
Cedar Rapids, IA

PARALYZED VETERANS BASS TOUR

Mid-America Bass Tournament
Sept. 22-24, 2017
Eufaula, OK

Lone Star Bass Tournament
Sept. 29-Oct. 1, 2017
Garland, TX

Southeastern Bass Tournament
Evans, GA

Vaughn Bass Tournament
Oct. 27-29, 2017
Mt. Vernon, IL

Florida Gulf Coast Bass Tournament
March 30-April 1, 2018
Kissimmee, FL

KY-IN Bass Tournament
May 4-6, 2018
Gibertsville, KY

National Bass Tournament
June 3-5, 2018
Marbury, MD

Mid-Atlantic Bass Tournament
June 8-10, 2018
Richmond, VA

ANNUAL PARALYZED VETERANS/NWPA BILLIARDS TOURNAMENT SERIES

Mid-Atlantic Billiards Tournament
Sept. 15-17, 2018
Virginia Beach, VA

Mid-South Billiards Tournament
Oct. 13-14, 2017
Memphis, TN

Mid-Atlantic Billiards Tournament
March 23-25, 2018
Midlothian, VA

Mid-America Billiards Tournament
April 20-22, 2018
Oklahoma City, OK

Mountain States Billiards Tournament
May 4-5, 2018
Fountain, CO

Buckeye Billiards Tournament**
June 22-23, 2018
Wickliffe, OH

**Non-sanctioned events

ANNUAL PARALYZED VETERANS/AWBA BOWLING TOURNAMENT SERIES

Great Plains Bowling Tournament
July 6-9, 2017
Council Bluffs, IA

Mountain States Bowling Tournament
Aug. 24-27, 2017
Colorado Springs, CO

Mid-Atlantic Bowling Tournament
Sept. 22-24, 2017
Gen Allen, VA

Nevada Bowling Tournament
Nov. 30-December 3, 2017
Las Vegas, NV

Florida Gulf Coast Bowling Tournament
Feb. 23-25, 2018
Tampa, FL

Mid-America Bowling Tournament
March 29-April 1, 2018
Staunton, OK

Boccia

Nevada Bocce Tournament
Jan. 26-27, 2018
Las Vegas, NV

Cal-Diego Bocce Tournament
Feb. 20-21, 2018
San Diego, CA

PARALYZED VETERANS RACING

Off-Road Handcycling Championships
Aug. 18-20, 2017
Crested Butte, CO

Pensacola Cycling
Sept. 16-17, 2017
Pensacola, FL

Air Force Marathon
Sept. 16, 2017
Dayton, OH

Pocahontas State Park
Off-Road Ride
Sept. 30, 2017
Richmond, VA

3TH NWG
July 30-Aug. 4, 2018
Orlando, FL

For more information, visit: pva.org/sports
NOTICE REGARDING DONATIONS MADE DIRECTLY TO THE PARALYZED VETERANS OF AMERICA – IOWA CHAPTER

• 88.1% OF EVERY DONATION MADE DIRECTLY TO THE PARALYZED VETERANS OF AMERICA – IOWA CHAPTER GOES DIRECTLY TO THE EIGHT DESIGNATED PROGRAMS SUPPORTED BY THE PARALYZED VETERANS OF AMERICA - IOWA CHAPTER.

• THE PARALYZED VETERANS OF AMERICA - IOWA CHAPTER RELIES SOLELY ON DONATIONS AND GRANTS AND RECEIVES NO GOVERNMENTAL FUNDING. ADDITIONALLY, THE IOWA CHAPTER DOES NOT UTILIZE TELEMARKETING OR DIRECT MAIL SOLICITATION OF DONATED FUNDS.

• ALL DONATIONS MADE DIRECTLY TO THE PARALYZED VETERANS OF AMERICA - IOWA CHAPTER SUPPORTS LOCAL VETERANS AND IOWA CHAPTER MEMBERS.

• YOUR DONATIONS SUPPORT BOTH SERVICE CONNECTED AND NON-SERVICE CONNECTED DISABLED VETERANS.


IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT KIMBERLY GOULD, EXECUTIVE DIRECTOR AT 515-277-4782 ANY TIME DAY OR NIGHT.
<table>
<thead>
<tr>
<th>Group</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaming</td>
<td>Monday</td>
<td>9:00am-10:00am</td>
</tr>
<tr>
<td>LGBTQ</td>
<td>Monday (2nd Mon month)</td>
<td>3:00pm- 4:00pm</td>
</tr>
<tr>
<td>Concerned Person</td>
<td>Monday (1st &amp; 3rd Mon month)</td>
<td>6:00pm- 7:00pm</td>
</tr>
<tr>
<td>PTSD PEER</td>
<td>Tuesday</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>PTSD VN</td>
<td>Tuesday</td>
<td>11:00am-12:30pm</td>
</tr>
<tr>
<td>OIF/OEF/OND</td>
<td>Tuesday (Drop in)</td>
<td>5:00pm- 6:00pm</td>
</tr>
<tr>
<td>OIF/OED/OND</td>
<td>Tuesday</td>
<td>6:00pm- 7:00pm</td>
</tr>
<tr>
<td>Grief / Loss</td>
<td>Wednesday (2x month)</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>Peer Combat Vets</td>
<td>Wednesday</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>PTSD VN</td>
<td>Thursday</td>
<td>1:30pm- 3:00pm</td>
</tr>
<tr>
<td>PTSD Focus</td>
<td>Friday</td>
<td>11:00am-12:30pm</td>
</tr>
</tbody>
</table>

*Free and Confidential Individual counseling sessions are also available.*

(515) 284-4929
Des Moines Vet Center
1821 22nd ST. #115
West Des Moines, IA 50266
## CALENDAR OF UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>7/13</td>
<td>BINGO AT THE DSM VA CLC - 6:30 P.M.</td>
</tr>
<tr>
<td>7/17 - 7/22</td>
<td>NATIONAL VETERANS WHEELCHAIR GAMES - CINCINNATI, OH</td>
</tr>
<tr>
<td>7/26</td>
<td>BOARD OF DIRECTORS / MEMBERSHIP / CAREGIVER SUPPORT MEETING AT THE IPVA OFFICE - 11:00 A.M.</td>
</tr>
<tr>
<td>7/28 - 7/30</td>
<td>ALL AMERICAN BASH - CEDAR RAPIDS EAGLE RIDERS EVENT IN CEDAR RAPID, IA ALL PROCEEDS DONATED TO IOWA PVA.</td>
</tr>
<tr>
<td>8/10</td>
<td>BINGO AT THE DSM VA CLC - 6:30 P.M.</td>
</tr>
<tr>
<td>8/14</td>
<td>VETERANS DAY PARADE AT THE IOWA STATE FAIR</td>
</tr>
<tr>
<td>8/24</td>
<td>BOARD OF DIRECTORS / MEMBERSHIP / CAREGIVER SUPPORT MEETING AT THE IPVA OFFICE - 11:00 A.M.</td>
</tr>
<tr>
<td>8/26</td>
<td>IOWA PVA GOLF EVENT - SEE PAGE 10</td>
</tr>
<tr>
<td>9/12</td>
<td>IOWA VETS COUNCIL - 1:00 P.M. AT THE IOWA VETERANS HOME</td>
</tr>
<tr>
<td>10/6</td>
<td>IOWA PVA ANNUAL DINNER</td>
</tr>
</tbody>
</table>

---

**Contact Us:**
Iowa PVA
7025 Hickman Rd., Suite #1
Urbandale, IA  50322
515-277-4782
888-909-4782
515-277-8165—Fax
iowapva1@yahoo.com
iowapvakim@yahoo.com
iowapvalin17@yahoo.com
www.iapva.org

---

**Total Mobility**
2406 W. 2nd Ave., Independence, IA  50126
Phone: 515-991-0575 • Toll Free: 800-580-0575
gc-totalmobility.com

**Paralyzed Veterans of America**
Iowa Chapter
The Nation’s Leader
Offering more than 250 new and used vehicles in stock

Find your ride. Live your life. Experience the Rollx Vans difference

- Chrysler Town & Country, Dodge Grand Caravan, Ford Econoline, Honda Odyssey and Volkswagen Routan
- Entire inventory and pricing listed online – www.rollxvans.com
- Nationwide delivery
- At Home Delivery and Service
- Industry’s first to offer OnStar® FMV technology
- Family owned-and-operated for nearly 40 years
- Meets or exceeds all NHTSA safety standards

Act now and save $250 on your purchase!

Call: 800.956.6668 • E-mail: questions@rollxvans.com
Find out more about Your Ride at www.rollxvans.com.
Follow us on:  

"Your Life. Your Ride."
Please check out our new and improved web page! [www.iowapva.org] Many items of interest will be posted frequently. This will bring you news about the chapter between newsletters. It is a work in progress, but you will find it very interesting and informative.

Please provide us with your email address. We would like to provide you your newsletter and other information electronically. This will make it easier for you and less expensive for us.
Presents...

5th ANNUAL QUAD CITIES
ADULT WHEELCHAIR TENNIS
TOURNAMENT

Sponsored by: Bi-state Tennis Association, USTA
Missouri Valley, Life Fitness Center, Bettendorf,
ABC Medical

When: Aug 18th, 19th, 20th, 2017
Where: Bettendorf Middle School,
2030 Middle Rd, Bettendorf, IA 52722
Format Play: Divisions A, B, C & Novice
(Singles & Doubles)

Cost: $50
Prizes/Money prizes for each categories

For more info contact:
Bob Juarez: fire0890@q.com / 563-326-0267 OR
Abel Vazquez: abelvazquez5@yahoo.com / 563-579-8130
GIFT YOUR OLD WHEELS FOR GOOD.

Paralyzed Veterans of America
Wheels Helping Warriors

Your donated vehicle can go far in helping severely injured veterans. Donations are sold at auction with proceeds going toward programs and services for veterans and their families. You may also receive a tax break, too! Schedule your free, easy pickup today.

WheelsHelpingWarriors.org / 866-204-4548

Rankin Communication Systems Inc.

Business Telephone Systems
Sales and Service
CenturyLink Services

5444 NW 96th Street - Johnston, Iowa 50131
Phone: (515) 331-2616 or (515) 986-5654 Ext. 207
Fax: (515) 986-5014 E-mail: bobrankin@rankincom.com

Robert K. Rankin
President—CEO
Are you moving???

Don’t forget to notify the office of your new address. If you are a PVA member, we will let National PVA and PN PARAPLEGIA NEWS know where you are moving to, so you won’t miss a single issue.

Call us at 888-909-4782.