PVA Awareness Month

April is PVA Awareness Month. National PVA and the Iowa Chapter will be promoting the mission of Paralyzed Veterans of America through several events scheduled throughout the month. As part of PVA awareness, it is our pleasure to introduce the new Paralyzed Veterans of America logo. This logo will be used by National Paralyzed Veterans of America as well as each of the 34 chapters. As you will discover over the next few years, the logo will remain consistent where the wording below will identify either the specific Chapter or specific event/program represented. This will take a little time to phase in, so please be patient.

Join IPVA and enjoy all of the benefits that Paralyzed Veterans of America has to offer.
A Message From The President
Jon R. Schneider

PVA EDUCATIONAL SCHOLARSHIP PROGRAM

Paralyzed Veterans of America Scholarship Program was initiated in 1966. Since that time, they have awarded over $300,000 in scholarships. Iowa PVA has been fortunate enough to have a number of our member families receive these awards. This vital program was originally devised to provide much needed financial support for Paralyzed Veterans members and their families so that they may achieve their goals in the academic world.

Purpose
The Paralyzed Veterans of America (PVA) primary goal has been to assist its members and their families in improving the quality of their lives. This goal has been addressed through a variety of activities, including the establishment of the Educational Scholarship Program. This program assists PVA members and their immediate family members by providing scholarship funds to help with a post-secondary education.

PVA will award scholarships in the amount of $1,000 to full-time students and $500 to part-time students for an academic year.

Eligibility
- Applicant must be either a PVA member, the spouse of a PVA member, or an unmarried child (under 24 years of age) who is dependent (as defined by the IRS) on the member for principal support.
- Applicant must be a citizen of the United States.
- Applicant must be accepted and enrolled as a full-time or part-time student in an accredited US college or university.
- Previous award recipients may apply.

Submission Process
Individuals who wish to apply for the scholarship program can download the application at www.pva.org or request an application be mailed to them via telephone at: (800) 424-8200 Ext. 776, or via e-mail christih@pva.org. Completed applications MUST be returned to PVA NO LATER THAN June 17, 2014. Late applications will not be accepted, no exceptions. In addition, any incomplete applications will not be considered.

For more details, please visit www.pva.org

IPVA Turkey Hunt

The IPVA Turkey Hunt will be held April 26th-27th in the Hardin County area. Lunches will be provided and there will be coffee and donuts to start the day. There will be a volunteer for each hunter. If you are interested in participating in the April Turkey Hunt, please contact Kenny Lloyd at 515-570-1402.
This year’s Convention was held in Orlando, Florida. Since we changed our fiscal year to end June 30, we did not have a Mid-Winter Board meeting. We did have a teleconference between our conventions. It seemed like the National Conventions were on top of each other, but after this year it should get back to a normal schedule.

I don’t want to sound like I am rubbing this in but the weather was great in Florida. Of course when I got home, the next day we were hit by a blizzard. As bad as our winter has been, it was nice to enjoy the sunshine and warm air for just a little bit of this winter.

Our guest speakers were Jose Riojas, Chief of staff, Veterans Affairs, and Dr. Barry Goldstein, Chief Consultant SCI/D Services. We heard reports from the Executive Committee and the National Staff. We receive written reports prior to coming to convention and if there is any additional information, we get those verbally at convention. This makes our meeting go faster and gives the National Directors the opportunity to ask questions. There were sixteen resolutions this year.

### Resolutions

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<th>Resolution</th>
<th>Description</th>
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<tr>
<td>14-F-1(S)</td>
<td>Audit Committee Membership</td>
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<td>14-F-2</td>
<td>Executive Sessions Prior to Elections</td>
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<td>14-F-3</td>
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<td>14-F-4(S)</td>
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<td>14-F-7(S)</td>
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<td>14-F-8(S)</td>
<td>Revision of Whistleblower Policy</td>
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<tr>
<td>14-F-9</td>
<td>Reinstatement of the Matching Funds from GRD’s</td>
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<td>14-F-11</td>
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<td>Congressionally Mandated Capacity Oversight and Reporting Requirement</td>
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<td>14-F-0-1</td>
<td>PVA’s Code of Ethics, Standards of Conduct, and Conflict of Interest Policy</td>
</tr>
<tr>
<td>14-F-0-2</td>
<td>Patriot Award</td>
</tr>
<tr>
<td>14-F-0-3</td>
<td>Extending Deadline for Chapter Program to Expense Ratio Requirement</td>
</tr>
<tr>
<td>14-F-0-4</td>
<td>Revision of the National Standing Rules</td>
</tr>
</tbody>
</table>

I submitted the resolution for the adaptive equipment for vans (14-F-11). The non-service connected veterans live at poverty level and can not afford transfer seats and hand controls. PVA leaders will meet with the Veterans Affairs subcommittee to try and add the cost of transfer seats and hand controls for catastrophic non-service connected Veterans.

After the resolutions we moved on to the budget for the upcoming year. I think this was the fastest we have ever gone through the budget since I have been National Director. The National Staff and Executive Committee have always had a tight budget and this year was even tighter. We went to elections and there are some new people on the Executive Committee starting July 1, 2014. Al Kovach will be President, David Zurfluh, Senior Vice President, Vice President Charles Brown, Vice President Tamara Lawter, Vice President Joe Fox, and Vice President Ken Weas.

If you have any questions, please do not hesitate to contact me at 515-570-1402.
Secretary of Veterans Affairs Eric K. Shinseki today announced the publication of a final regulation in the Federal Register on clothing allowance that expands the eligibility criteria for Veterans with multiple prosthetic and orthopedic devices or who use prescription medications for service-connected skin conditions.

“Veterans whose service-connected disabilities require prosthetic appliances and skin medications deserve financial assistance for the extra clothing they have to purchase,” said Shinseki. “A federal appeals court has ruled that Veterans may be entitled to more than one clothing allowance, and we are adjusting our regulations to make sure Veterans get the benefit of that decision.”

The new regulation provides the criteria for more than one annual clothing allowance in situations where distinct garments are affected, and ensures Veterans are adequately compensated for any damage to clothing. Veterans, who because of a service-connected disability, wear or use a prosthetic or orthopedic appliance that tends to wear out or tear clothing, are eligible for payment of an annual clothing allowance. Examples of appliances include an artificial limb, rigid extremity brace, rigid spinal or cervical brace, wheelchair, crutches or other devices prescribed for the Veteran’s service-connected disability. Veterans who because of a service-connected skin condition use a medication that causes irreparable damage or stains to outer garments, are also eligible for payment of an annual clothing allowance. The change makes VA’s clothing allowance regulations consistent with the U.S. Court of Appeals for the Federal Circuit’s holding in the case of Sursely v. Peake.

The application deadline for an annual clothing allowance is August 1 of each year. Payments are administered during the months of September and October. Payment of more than one clothing allowance to qualifying Veterans began in 2012. VA is in the process of revising VA Form 10-8678, Application for Annual Clothing Allowance, to accommodate application for more than one annual clothing allowance. Currently, the single annual clothing allowance is $716. In the meantime, if a Veteran wishes to claim more than one allowance, the Veteran may continue to download and complete the current forms at http://www.va.gov/vaforms/medical/pdf/10-8678-fill%204-08.pdf and http://www.vba.va.gov/pubs/forms/VBA-21-4138-ARE.pdf, to indicate that he or she desires consideration for more than one annual clothing allowance. Veterans are also encouraged to visit VA’s web portal eBenefits - Compensation for information on the clothing allowance and other VA benefits.

If you have any questions please contact your PVA national service office

@ 515-323-7544

**DISCLAIMER**

*Back Talk* and the Iowa Chapter of the Paralyzed Veterans of America neither endorses nor guarantees any of the products or services advertised. We are pleased that we can offer you information about products and services that are available, but we strongly urge you to investigate any company or product yourself prior to using such services or products.

*Back Talk* is a publication of the Iowa PVA and is meant to inform its readers of Chapter activities, legislation, and other matters of concern to veterans and/or members of the disability community. Any opinions expressed in any article is that of the author and may not reflect the beliefs or policies of the Iowa Chapter.

Thank you.
From the Desk of the Executive Director

Kim Gould

Get your calendars out, your Iowa PVA Board of Directors have been very busy setting up events and fundraising opportunities. None of these can be successful without your participation and assistance.

4/27-4/28 Iowa PVA Turkey Hunt. The hunt is held on IPVA Vice President Kenny Lloyd’s farm. Coffee and donuts start each day off and lunches are provided. There is a volunteer assigned to each hunter and I am sure Kenny will guarantee a turkey for all who participate :). Call 515-570-1402 to register.

5/4 The 3rd Annual IPVA Bowling Event. This event is designed to promote wheelchair awareness. **All** bowlers are welcome and **all** bowlers must bowl from a wheelchair. This is a very fun event. The kids and adults always have a great time. See the back page of this publication for registration and details.

6/7-6/14 The Castaways Disabilities Fishing Event in Ely, MN. Iowa PVA has entered into a partnership with the Iowa City VA and the Iowa City Eagles Club to hold this event and ensure it’s continuance for years to come. Traditionally, the Veterans on the Lake Resort where we spend the week is able to accommodate 30-35 veteran attendees. At last count we have 26 veterans registered. This year, Iowa PVA secured a generous grant through the **Craig H. Neilsen Foundation** to sponsor the attendance of 15 spinal cord injured veterans, their caretakers and 12 volunteers. This is a fabulous event and we encourage all of our members to give it a try. If you are interested in attending this year’s event, please contact me at 515-669-8746 and I will see if there are any spots left to fill.

6/27-6/29 The National PVA Year End Event Trapshoot. This event should be a huge event hosted by the Iowa Chapter in Cedar Rapids, IA. We anticipate between 60-70 wheelchair shooters. The event is open to **ALL** shooters and we would like to get as many as 100 total including youth participation. A raffle/silent auction will also be held. Please pass the word. We need participants as well as donations for raffle/silent auction items. See pages 8-9 of this newsletter for registration and details.

The Iowa Chapter has teamed up with National PVA with the **Wheels Helping Warriors** vehicle donation program. This program allows the tax deductible donation of vehicles to be auctioned. See page 18 for details.

Iowa Paralyzed Veterans of America has applied for inclusion in the 2014 Combined Federal Campaign(s) which cover the State of Iowa. Through the Combined Federal Campaign, federal employees have the opportunity to donate to our organization through tax deductible payroll deductions. Please let all of the federal employees you know about our organization and encourage them to donate to our very worthwhile cause. Iowa PVA is also enrolled in the **One Gift Iowa** program which allows State of Iowa employees to donate to our organization through tax deductible payroll deduction. Please encourage all State of Iowa employees to donate to our organization through this program.

Your assistance and participation is greatly appreciated.

Kim

**SUPPORT THE IOWA PVA**

The Iowa Paralyzed Veterans of America relies solely on **private donations** and receives NO government funding! Your contribution is 100% tax deductible, as we are a 501(c)(3) corporation. Support by individual donors and businesses enable us to make our services FREE to members. Please support our mission through a direct donation to:

**Iowa Paralyzed Veterans of America (Iowa PVA)**
3703 1/2 Douglas Avenue
Des Moines, IA  50310

**Thank you!**
Indianola Home Medical Supply L.L.C.
207 South Howard St.
Indianola, IA  50125

Wheelchairs, Scooters, Bathroom Safety and Daily Living Products

Full Service and Parts Department

Home Modifications, Patient Lifts, Entry Ramps, Stair Lifts, Porch Lifts, Scooter Lifts and Elevators

Darl Kaldenberg, Manager
Phone:  515-962-0701
Fax:  515-962-9251

---

Adaptive Sports Iowa

I just wanted to let everyone know that we added bowling to our list of activities. It kicked off in April and will continue to be the second Tuesday of every month from 6pm to 8 pm at Warrior Lanes in Waukee Iowa.

Mark Houseman
Veteran Outreach
Adaptive Sports Iowa
1421 S. Bell Avenue #104
Ames, Iowa 50010
C (515) 707-3082

Check out their web and Facebook pages for more information and sporting opportunities.

www.adaptivesportsiowa.org
http://www.adaptivesportsiowa.org/Veterans.aspx
https://www.facebook.com/VeteranAdaptiveSportsIowa

Iowa PVA is also looking for people interested in Trapshooting! Call Kenny Lloyd at 515-570-1402 if you would like to join us.
Veteran Owned and Operated

Iowa’s Leader In Mobility Vans

** $1000 Veteran Discount Available **

- Convenient Locations Serving Iowa, Nebraska, & Illinois
- Top Dollar For Your Trade-In!!!
- New & Used Wheelchair Vans
- Many Makes, Models & Conversions To Choose From
- Hundreds Of Vans Available
- Sales and Service
- Wheelchair Lifts & Driving Controls
- VA Funding & Financing Available
- Buy-Back Program
- Stairlifts & Other Equipment
- 24 Hour Emergency Service

Toll-Free: (877) 543 - 8826
Email: rods@iowamobility.com
Website: www.iowamobility.com
Paralyzed Veterans of America
CALLING ALL SHOOTERS
Competition open to all shooters sitting or standing, veteran and nonveteran

Paralyzed Veterans of America
Iowa Chapter

PVA National Trapshoot Circuit
Otter Creek Sportsmans Club
Cedar Rapids, Iowa
June 27-29th 2014

Individual Awards:
Top Overall and Top Overall Wheelchair Shooter on all Target Rounds will each receive a “Championship Award”.

Singles: 1st & 2nd Place
   Class AA, A, B, C,D
Doubles: 1st & 2nd Place
   Class AA, A, B, C,D
Handicap: 1st & 2nd
*Class: Based on recent classification*

Team Awards:
Chapter Team Awards will be presented to 1st & 2nd Place teams on all Target Rounds

Silent Partner Competition:
On Saturday and Sunday, each shooter participating in the Silent Partner registration pays $10.00. The names are placed in a hat and drawn two at a time to make a partnership of two shooters. At the conclusion of each day’s shooting, total scores by both members of each partnership will be used to determine the winner of the silent partner pot. The top four places win 50%, 25%, 15% and 10% respectively. Shooters with tie scores will divide the prize money.

Ammunition Policy:
Entrants receiving ammunition as part of the entry package must use that ammunition in this competition, or forfeit it to the chapter with no refunds. All ammunition used in the competition must be ATA legal ammunition. Absolutely no reloaded ammunition may be used for competition. Any participant found using reloaded ammunition will forfeit his or her entry.

Directions:
Airport to Hotel:
Turn Right onto Wright Brothers Blvd SW
Turn Left and take ramp onto I-380 N toward Waterloo
Take exit #24A toward Collins Rd.
Turn right
Merge onto Collins Rd. NE

Hotel to Shooting Range:
From the Host Hotel and other hotels located on Collins Parkway.
From Collins Rd Westbound
Turn Right onto Edgewood Rd NE
At the T Intersection, Turn Left onto Blairs Ferry Rd NE.
Go 1.1 Miles
Turn Right onto Milburn Rd NE. Go Appx. 2 miles.
Entrance to Otter Creek is on Left. An event sign will be posted

Other hotels along Collins Rd: use same directions

Questions:
For any questions, please contact the Chapter SportsDirector David Graham at (660) 868-0097.
Registration:
Please make checks payable to Iowa PVA and mail it along with this Registration Form to Iowa Chapter PVA
3703 1/2 Douglas Ave. Des Moines, Iowa 50310.

Name:______________________________
Address:____________________________
City/State:__________________________
Zip:_________
Telephone #:_________________________
Email:______________________________
PVA Member__________ Chapter_____________
Wheelchair Shooter_____
Chapter Team________

What are your Averages and Handicap Yardage?  
Singles______  Doubles______  YDG_____

Please bring ATA/PITA cards with you.

Squad/Position Requests—
Indicate Below:
1)__________________________________
2)__________________________________
3)__________________________________
4)__________________________________
5)__________________________________

I will need:
Shotgun:  Yes____  No____
Pouch:  Yes____  No____
Earplugs:  Yes____  No____

Entry Fee (includes one Banquet ticket) $185      $185
Total number of Extra Banquet Tickets ___x$30____
Number of Extra Lunch Tickets            ___x$10____
Number of Extra Breakfast Tickets __$5____
Calcutta                                                          $10____
Singles Silent Partner                                     $10____
Handicap Silent Partner                                 $10____
Total                                                              $______

General Information:
The Paralyzed Veterans of America Iowa Chapter Trapshoot Competition will take place at the Otter Creek Sportsman’s Club  June 27th thru June 29th 2014. The $185 entry fee covers the cost of 300 targets and shells (100 Singles, 50 doubles and 100 Handicap), 2 lunches (served at the gun club), and 2 breakfasts and 1 ticket for the Awards Banquet (additional banquet tickets may be purchased for $30 each). Additional handicap tickets may be purchased for $100 Handicap. Additional lunch tickets are available for $30 each. Additional handicap tickets are available for $100 Handicap. Additional lunch tickets are available for $30 each. The Chapter will provide transportation from the Eastern Iowa Regional Airport to the hotel (please provide_DYNAMIC reservation for the return trip)

Transportation:

Sunday, June 21st 2014
1 p.m.  Competition: Doubles, 50 targets each
12 p.m. Lunch at gun club
9 a.m.  Competition: Singles, 100 targets
6 a.m.  Transportation to gun club
8 a.m.  Transportation to gun club and registration for late arrivals
3:30 a.m. – 6:00 a.m. A block of rooms is available for those not competitive.

Monday, June 22nd 2014
6 p.m. – 7 p.m. Arrival and Welcome Reception at the restaurant
6 p.m. – 4 p.m. Practice at gun club (additional)
11 a.m. – 5 p.m. Registration at gun club

Friday, June 27th 2014

Schedule of Events:

11 a.m. – 5 p.m. Registration at the gun club
12:30 p.m. Lunch at the gun club
5:00 p.m. Awards Banquet & dinner will take place at the Western Iowa Regional Hotel
6:00 p.m. – 8:00 p.m. Informal welcome reception at the gun club
9:00 p.m. Free time

Accommodations only;
comprehension only.

Transportation:

Please make checks payable to Iowa PVA and mail it along with this Registration Form to Iowa Chapter PVA
3703 1/2 Douglas Ave. Des Moines, Iowa 50310.

Deadline to mail in registration form is June 1, 2014. PVA Chapter Trapshoot will take place adjacent to the Paralyzed Veterans of America Iowa Chapter Trapshoot.

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2014 PARALYZED VETERANS
ADAPTIVE CYCLING CLINIC
Coming to Your Region

Open to veterans and the general public, novice to experienced riders. Register today by calling the site coordinators listed below:

Louisville – April 15
Chris Fulks
502-287-4367
christopher.fulks@va.gov

Milwaukee – July 1
Dr. Ken Lee
414-384-2000, ext. 41288
kenneth.lee8@va.gov

Albuquerque – May 9
Michelle E. McKenzie
505-265-1711, ext. 2030
michelle.mckenzie@va.gov

Dallas – October 4
Kelsi Rivera
214-857-4909
kelsi.rivera@va.gov

All attendees will be entered to win a Top End Force RX for participating in the clinic.

The grant funding for this program is awarded by U.S. Paralympics, a division of the U.S. Olympic Committee, through funding provided by Veterans Affairs. The grants are provided to facilitate the growth of Paralympic sport programming for disabled Veterans and disabled members of the Armed Forces.
FREE health fair for all people with disabilities

Brought to you by Easter Seals Iowa

Des Moines University medical students will provide free health screenings at Easter Seals Iowa’s 6th annual Health & Wellness Fair.

- Enjoy a healthy snack
- Pick up a free toothbrush courtesy of Delta Dental
- Talk to representatives from local health and wellness organizations, including:
  - Bloyer Chiropractic
  - Courage League
  - Easter Seals Assistive Technology Center
  - Easter Seals Wellness Coordinator
  - Iowa Home Care
  - Mercy Sleep Center
  - National Alliance on Mental Illness (NAMI) Iowa
  - Talk to Me Technologies
  - Deaf Services Commission of Iowa

Des Moines University is accessible by city bus. Bus #11 Ingersoll Ave/Valley Junction stops on Ingersoll Avenue, just a block north of the Des Moines University campus.

For special transportation accommodations, call Meghan at 515-309-2607 and we’ll try to arrange transportation for you.
# CALENDAR OF UPCOMING EVENTS

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>3/3</td>
<td>Joint SCI/D team meeting with Iowa City and Des Moines Vas</td>
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<tr>
<td>3/10 - 3/14</td>
<td>Advocacy/Legislative Seminar in Washington, DC</td>
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<tr>
<td>3/11</td>
<td>Iowa Vets Council Meeting at the Iowa Veterans Home - 1:00 p.m.</td>
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<tr>
<td>3/13</td>
<td>Bingo at the Des Moines VA CLC - 6:30 p.m.</td>
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<tr>
<td>3/15</td>
<td>Foreign Food Fair at the Iowa Veterans Home in Marshalltown</td>
</tr>
<tr>
<td>3/27</td>
<td>IPVA Board of Directors Meeting at the Iowa PVA Office - 11:00 a.m.</td>
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**APRIL IS PVA AWARENESS MONTH**

<table>
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<tr>
<td>4/9</td>
<td>Hospital Liaison Site Visit at the Des Moines VA - 9:00 a.m.</td>
</tr>
<tr>
<td>4/10</td>
<td>Bingo at the Des Moines VA CLC - 6:30 p.m.</td>
</tr>
<tr>
<td>4/17</td>
<td>PVA Awareness at the Des Moines VA - 9:00 a.m. - Noon.</td>
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<tr>
<td>4/17</td>
<td>IPVA Board of Directors Meeting at the Iowa PVA Office - 1:00 p.m.</td>
</tr>
<tr>
<td>4/19</td>
<td>IVH Spring Carnival at the Iowa Veterans Home in Marshalltown</td>
</tr>
<tr>
<td>4/26 - 4/27</td>
<td>IPVA Turkey Hunt (See page 2).</td>
</tr>
<tr>
<td>5/4</td>
<td>IPVA Bowling Event (See page 20).</td>
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<tr>
<td>6/27 - 6/29</td>
<td>National PVA Year End Trapshoot in Cedar Rapids, IA (See pages 8 - 9).</td>
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Total Mobility is a full line mobility dealer specializing in:

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- Standard and Electronic Driving Controls

**Home Mobility:**
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- Porch Lifts
- Elevators
- Portable Ramp Systems

**Contact Us:**
Iowa PVA
3703 1/2 Douglas Avenue
Des Moines, IA  50310

515-277-4782
888-909-4782
515-277-8165—Fax

iowapva1@yahoo.com
iowapvakim@yahoo.com
iowapvajaz@yahoo.com

Paralyzed Veterans of America
Iowa Chapter
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• Nationwide delivery
• At Home Delivery and Service
• Industry’s first to offer OnStar* FMV technology
• Family owned-and-operated for nearly 40 years
• Meets or exceeds all NHTSA safety standards

Act now and save $250 on your purchase!

Call: 800.956.6668  •  E-mail: questions@rollxvans.com

Find out more about Your Ride at www.rollxvans.com.

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*OnStar service available on select models.
Prosthetics Delay Report Form

Responsible PVA Service Office: ___________________________ Date: ________

Last Name: _______________ First Name: _______________ MI: ______

SSN: _______________ Age: ____ PVA Member: Yes ☐ No ☐

Description of disabling condition that necessitates reliance on prosthetics, including the date of injury:

________________________________________________________________________

________________________________________________________________________

Are you service-connected: Yes ☐ No ☐

Item/Device/Equipment ordered:

________________________________________________________________________

Date Ordered: ____________

Prescribing Clinician/Therapist: __________________________

VA Medical Center: ______________________________________

Veteran Integrated Service Network (1-23): ____________

Order delayed more than 30 days: ☐ Denied: ☐

Reasons given for decision:

________________________________________________________________________

________________________________________________________________________

Impact of delay/denial:

________________________________________________________________________

________________________________________________________________________

Fax the completed form to (202) 416-7754 or email to prosthetics@pva.org
The University of Iowa Physical Therapy & Rehabilitation Sciences Student Organization Presents:

THE REHAB RUN

5K

RUN-WALK-WALK-WHEEL

What: 5K race open to runners, walkers, and wheelers of all ages and ability
Where: Terry Trueblood Recreation Area
4312 Sand Rd. SE Iowa City, IA 52240
When: Sunday April 13th, 2014 check-in from 1:00-1:40pm, race begins at 2:00pm
Cost: $20, t-shirt guaranteed if registered before March 31st

Additional Information:
Register online at

Please arrive at 1:00pm for same day registration.

If you have any questions about the even please email us at rehabrun@gmail.com
Cost includes race, food & drink refreshments, and race t-shirt (if registered before March 31st. If registered after March 31st, t-shirt will not be guaranteed)
Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires accommodation in order to participate in this program, please contact the University of Iowa Center for Student Involvement & Leadership at (319) 335-3059.
Join us for the 7th Annual Eastern Iowa Adapted Sports Clinic and Paralympic Experience!

Saturday, March 29th, 2014
10:00 am - 2:00 pm
Michael J. Gould Recreation Center
Kirkwood Community College
Cedar Rapids, IA

FREE!
Friends and family welcome!

Experience hands-on learning in air rifle, archery, bowling, cycling, wheelchair tennis, and wheelchair basketball!

Special guest: Vern Willey
RAGBRAI expert and downhill skier

Pizza will be provided for everyone in attendance.
Enter for a chance to win door prizes!

Presented in cooperation with:
UnityPoint Health
St. Luke’s Hospital
Opportunity for Research Participation

Employment and Community Participation for People with Spinal Cord Injury

Study Purpose

• To learn about employment and community participation for people with spinal cord injury.
• Results from our study may help improve employment and rehabilitation services for people with spinal cord injury.

Who are we?

• Rehabilitation Psychology researchers at the University of Wisconsin-Madison.

Who can participate?

• People who have a spinal cord injury, are at least 18 years old, and can read at a 6th grade level or above.

How can I participate?

• Take 30 minutes to complete a psychosocial/vocational survey.
• The survey is available online: [https://www.surveymonkey.com/s/SCI-Work-Participation-PVA](https://www.surveymonkey.com/s/SCI-Work-Participation-PVA)

Who can I contact with questions?

• If you have questions please contact John Blake (Phone: 608-263-5941; E-mail: jplake@wisc.edu).
• Thank you very much for your participation!
ATTENTION

1. Please check out our new and improved web page! Many items of interest will be posted frequently. This will bring you news about the chapter between newsletters. It is a work in progress, but you will find it very interesting and informative.
   www.iowapva.org.

2. Please provide us with your email address. We would like to provide you your newsletter and other information electronically. This will make it easier for you and less expensive for us.

Wheelchair Basketball

Adaptive Sports Iowa continues to host weekly wheelchair Basketball pickup games in Ankeny. The games are held at the First Family Church located at 317 SE Magazine Road. The facility is reserved from 6-8 p.m. every Thursday night. Adaptive Sports Iowa will have six sports chairs on site. There is no cost to participate. Come out and enjoy the fun.

Robert K. Rankin
President-CEO

Rankin Communication Systems Inc.

Business Telephone Systems Sales and Service CenturyLink Services
5444 NW 96th Street - Johnston, Iowa 50131
Phone: (515) 331-2616 or (515) 986-5654 Ext. 207
Fax: (515) 986-5014 E-mail: bobrankin@rankincom.com
### MARCH

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### APRIL

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**Cookbooks**

The cookbooks have arrived and are going like hotcakes!!!!! With every donation of at least $20.00, you will receive a free cookbook. Please send your donation directly to our office at:

**Iowa Paralyzed Veterans of America**

3703 1/2 Douglas Ave.

Des Moines, IA 50310

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**Associate Membership Drive**

Please consider becoming an Associate Member of Iowa Paralyzed Veterans of America. Simply contact our office and request an Associate Membership Application. Complete it and mail it with a check for $75.00 back to our office. Applicants for Associate Membership will receive a free cookbook.

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Be sure to include the address you would like your gift sent to.

Thank you!!!!!!!!!
Are you moving???

Don’t forget to notify the office of your new address. If you are a PVA member, we will let National PVA and PN PARAPLEGIA NEWS know where you are moving to, so you won’t miss a single issue.

Call us at 888-909-4782.