Back Talk

July/August 2014

Thank you to
CRAIG H. NEILSEN FOUNDATION
from the Castaway Crew

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**A Message From The President**  
Jon R. Schneider

**PVA Disaster Relief Fund**

I would like to remind you of PVA’s Disaster Relief Fund. To assist you in the distribution of relief funds, please comply with the following accountability procedures:

1) Funds will only be provided to PVA members.

2) A maximum of $1,500 per individual or family will be granted. Each application must be evaluated for need. Maximum disbursements will not be made in all cases.

3) Funds may be used for transportation, temporary shelter, food, modifications for accessibility, prosthetic appliances, and medical supplies. The funds will not be provided if other assistance has been provided to pay for the items in the request (insurance, FEMA, etc.). Funds will also not be approved to cleanup, fix, or replace damages not related to the veteran’s primary dwelling.

4) Applications can be received by the PVA Chapter or the National Service Office.

5) Once an application is received it is to be reviewed by the Chapter President or designee, and the National Service Officer. All applications require the approval of the Chapter President or designee, and the National Service Officer (NSO).

6) After approval from the Chapter and National Service Office the application is to be faxed to the Associate Executive Director of the Veterans Benefits Department for final approval. (include all estimates and receipts) Fax number (202) 416-7754

7) Disbursements exceeding $1,000 must have verification that the assistance requested is valid. (Inspection by PVA, etc.)

8) In cases where the NSO and chapter disagree regarding approval, or either is not available the application will be faxed to the attention of the Associate Executive Director (AED) of the Veterans Benefits Department for final decision.

9) All original documentation will be forwarded to the AED of Veterans Benefits for accounting and review purposes. Copies of applications are to be maintained in the PVA Chapter offices.

Anyone needing an application please contact the  
Iowa PVA Office at 515-277-4782
As usual this is the trip I look forward to the most each year. Last year we were not able to have the event for some unforeseen circumstances and it was disappointing for all of us that attend each year. This year it was held again and hopefully it will continue for a very long time. The Iowa City Veterans Administration Medical Center still puts the event on but now, the Eagles from Iowa City and the Paralyzed Veterans of America Iowa Chapter partner in hosting this event. For this year’s event, Iowa PVA was fortunate enough to secure a very generous grant from the Craig H. Neilsen Foundation to support about half of the costs involved.

Each veteran is partnered with a volunteer from the Iowa City VA, an eagle member, or a representative from IPVA. The veteran gets to choose if he wants in a v-bottom boat or pontoon, as long as he is capable of transferring safely in and out of the v-bottom boat. I have been going for twelve years to Fall Lake in Ely, Minnesota and have always chosen the v-bottom boat. I have learned where the fishing holes are but I will guarantee you they will not be in the same spot each year. The fish you see in the picture was caught on a jig and minnow. Now I am not going to reveal the spot I caught the fish because I know who ever reads this and goes next year, will be sitting in that spot.

Each night if it is not raining, we sit around a camp fire visiting and eating popcorn, peanuts and smores. I am going to take a quote from Steve Brinkmeyer which he tells all the new people, “catching fish is just a bonus for being here”. You will make new friends and always enjoy meeting up with all your old friends too. Of course there are those friends you made through the years that have passed away and it is sad they are not with you but I know that everyone of them would tell you to have a good time just as they did.

On Wednesday nights we always have a fish fry of all the fish we caught previous of that week. Don’t worry if we didn’t catch enough, because the staff always makes sure there is enough fish even if they have to go to town and buy some. On Thursday nights we have karaoke. Everyone is welcome to get up in sing their favorite songs. Of course some of us including me know it is better to just sit in the back and just listen.

There are always medical staff that attend each year in case there is trouble but the staff tries to make sure the veterans are always safe when on the water and the resort grounds. If you are interested in going for a fun filled week, you can call our office at 1-888-909-4782. As soon as registrations come out, we will let you know.
NEW FAMILY CAREGIVER BENEFITS
BY: Anthony Steele, Central-Central Area Manager

Caregivers provide crucial support in caring for Veterans enhancing the health and well-being of Veterans under VA care. Without the knowledge, support, compassion, and care provided by Caregivers, many Veterans would require hospitalization, nursing home care, or other residential institutional care.

On May 5, 2010, President Obama signed the Caregivers and Veterans Omnibus Health Services Act of 2010 into law. Under the "Caregivers and Veterans Omnibus Health Services Act of 2010," additional VA services are now available to seriously injured post-9/11 Veterans and their Family Caregivers through a new program of Comprehensive Assistance for Family Caregivers.

**Eligibility:**
- Veterans who sustained serious injuries including spinal cord injury, traumatic brain injury, psychological trauma, and or other mental disorder on or after September 11, 2011.
- Veterans must be in need of personal care services due to inability to perform activities of daily living.
- Veterans must be enrolled for VA health services.

**Benefits:**
- Monthly stipend
- Travel expenses (including lodging and per diem while accompanying Veterans undergoing care)
- Access to health care insurance (if the Caregiver is not already entitled to care or services under a health care plan).
- Mental health services and counseling
- Comprehensive VA Caregiver training provided by Easter Seals
- Respite care (not less than 30 days per year)

VA is now accepting applications for the program. Please visit [www.caregiver.va.gov](http://www.caregiver.va.gov). The application (VA CG 10-10) allows Veterans to assign one primary Family Caregiver and up to two secondary Family Caregivers. Caregiver Support Coordinators are available at every VA medical center to assist Veterans and their Family Caregivers with the application process. Additional application assistance can be found by calling 1-877-222 VETS (8387). You may also contact your local PVA National Service Officer for assistance.

**Note:** The information provided in this article was obtained from [www.va.gov](http://www.va.gov).

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**iGive Shopping Donation Program**

Iowa PVA recently became part of the iGive online shopping program. As friends and supporters of Iowa PVA, this is an easy and inexpensive (free) way to support our programs and causes.

1. Log in to iGive.com and create a free iGive account. You simply create a login in and password and designate Paralyzed Veterans of America - Iowa Chapter as your cause. By simply creating this account, $5 is donated to us automatically.

2. After your account is created, any online shopping you do from over 1000 participating stores generates a donation to our organization (%). The only catch is that you must log in to iGive and then choose the store you wish to order from.

Please visit the iGive website. You will see that almost every store you can think of is listed as options for your on line shopping needs.

Thank you for your continued support.
From the Desk of the Executive Director

Kim Gould

On June 7, 27 veterans, 19 caretakers/spouses and 19 volunteers (total of 65) headed up to Falls Lake in Ely, MN for the Castaway Disabilities Fishing Event. (See photos on page 17.) This annual event provides a week of fishing and camaraderie to disabled veterans and their caretakers. Historically, this event has been sponsored by the Iowa City VA with the assistance of the Iowa City Eagles Club. Unfortunately, last year’s event had to be cancelled due to some administrative issues within the VA. To avoid that happening in the future, the Iowa City VA, the Iowa City Eagles Club and Iowa PVA entered into a partnership to ensure that this event will continue without interruption. Basically, the Iowa City VA hosts the event, provides transportation, and provides medical staff volunteers to attend the event. The Iowa City Eagles and Iowa PVA assist in planning the event, provide volunteers, collect donations and endure the financial responsibility for the event. This year Iowa PVA was fortunate enough to be awarded a generous Quality of Life grant from the Craig H. Neilsen Foundation to assist with paying for the 2014 Castaways event.

The Craig H. Neilsen Foundation was established in 2002 as a private foundation dedicated to spinal cord injury research and quality of life programs for people living with SCI. Mr. Neilsen lived with a high level spinal cord injury for 21 years until his death in 2006. He was a visionary with an entrepreneurial spirit who led his companies with inexhaustible passion. While he worked hard and was grateful for what he had, he always remembered others who were experiencing challenges similar to his own. Craig Neilsen wanted his Foundation to contribute in a significant way to SCI research and to offer those with SCI the quality of life they deserve.

Today, the mission of the Craig H. Neilsen Foundation is to improve the quality of life for those living with spinal cord injury (SCI) and support scientific exploration for effective therapies and treatments leading to a cure. With this vision for the future, the Neilsen Foundation funds SCI programs that will:

- Lead to key discoveries through innovative and collaborative basic-applied, translational and clinical research.
- Establish standards for the delivery of care, particularly in the area of rehabilitation.
- Empower individuals living with spinal cord injury to live independently in the community and enjoy improved emotional and physical well-being (i.e. The Castaway Disabilities Fishing Event).

Upon our return from Castaways on June 14, it was time for the Iowa Chapter Trapshoot. As outline in Kenny Lloyd’s article on page 12, this was the year-end event on the National PVA Trapshoot Circuit. It was held 6/27-6/29/14 in Cedar Rapids, IA. We had a great turnout of shooters, and unbelievable volunteers support. This also turned into a great media opportunity for the Iowa PVA. We did an hour long radio spot, two television interviews and the local newspaper covered us three times. In addition to drawing attention to PVA’s shooting program, this gave us an opportunity to promote all of the great programs that PVA offers our members.

Finally, on August 2, we held our 3rd Annual Iowa PVA Red, White and Blue Golf Event. (See page 13.) The weather was perfect and the golf course was in great shape. We had 35 golfers participate. There were some old friends in attendance, but several new faces. Everyone had a great time and hopefully we can get even more participants for next year’s event.

Kim

The Cedar Rapids Eagle Riders

On August 3rd, the Cedar Rapids Eagle Riders presented a check to Iowa PVA in the amount of $1500. This generous donation was raised through a fundraising event held in Cedar Rapids on July 4th. The Eagle Riders held a fundraising bash that included food, a band, silent auctions and raffles, and fireworks. IPVA Vice President/PVA National Director Kenny Lloyd and PVA National Vice President Joe Fox represented PVA at this event along with their wives Pauline Lloyd and Hilda Fox.
2014-2015 Educational Scholarship Award Winners

Paralyzed Veterans of America’s (PVA) primary goal has been to assist its members and their families in improving the quality of their lives. This goal has been addressed through a wide variety of activities, including support of programs designed to provide education and training.

PVA established an Educational Scholarship Program to assist PVA members and their immediate families in gaining a post-secondary education.

**Full-Time Student Award Winners - $1,000 each**

Noah Agne (Xavier University)
Son of Charles Agne – Gateway Chapter

Justin Betts (Georgia Southern University)
Son of Ross Betts, II – Southeastern Chapter

Kelsey Bixler (Cowley County Community College)
Daughter of Gene Bixler – Mid-America Chapter

Jennifer Bond (University of Southern Mississippi)
Daughter of William Bond – Mid-South Chapter

Maya Chatman (Georgia Southern University)
Daughter of Wanda Chatman – Southeastern Chapter

Johannes-Jacobsus Crawford (Brigham Young University)
Son of Lawrence Crawford – Mountain States Chapter

Stephanie Dolezal (Virginia Tech)
Daughter of Jeffrey Dolezal – Mid-Atlantic Chapter

David Ethridge (Kennesaw State University)
Son of Thomas Hall – Southeastern Chapter

Taleah Foster (North Carolina Central University)
Daughter of Booker Foster – Mid-Atlantic Chapter

Terquan Foster (University of North Carolina at Pembroke)
Son of Booker Foster – Mid-Atlantic Chapter

Ryan Hadley (Baldwin Wallace University)
Son of Brian Hadley – Member At Large

Megan Houlton (Northeastern State University)
Daughter of Dennis Houlton – Mid-America Chapter

John Kazanjian (Purdue University)
Son of Phillip Kazanjian – California Chapter

Keiyana Lee (University of Arizona)
Daughter of Eric Lee – Zia Chapter
We are seeking caregivers to participate in a brief PVA survey to assess the needs and concerns of military caregivers. Our goal is to use this information to make recommendations for the development of support programs and services.

There will be a small incentive offered to each caregiver who participates in the survey.

We will need the names, phone numbers and email addresses of each caregiver, as well as the name, number, email and chapter of the referring PVA member.

Feel free to contact me with questions or concerns you or your members may have.

Respectfully,

Roger Harris  
PAVE Veterans Employment Liaison  
202-416-7648  
www.operationpave.org
Bridging The Gap

Stand Down 2014
FOR HOMELESS VETERANS

For Men & Women Who Served In The Armed Forces

When: September 18-19-20, 2014
Veterans Status Verified At Check-In

Registration Hours:
Thursday 4:00 pm - 6:00 pm
Friday 7:00 am - 12:00 Noon
In order to promote a safe, sober setting, once you are registered for Stand Down you may not leave and come back.

Where: Q.C.C.A. Expo Center
2621 - 4th Avenue
Rock Island, Illinois 61201

What: SERVICES: Food, Clothing, Haircuts, Showers, Medical, Eye Testing, Human Services, Legal Aid, Employment Assistance, Hearing Van, Social Security, VAC’s, Vet Center, Shelter Referrals, Disability Claims, Housing Authority & More!
Homeless Veterans welcome overnight.

To: Donate: 309-269-2012 Mike Malmstrom
Volunteer: 309-593-4400 Gloria Menzer
volunteer4standdown@yahoo.com
Support: 563-370-1779 Sarah Oliver
Iowa Paralyzed Veterans of America is a participating charity in each of the three Combined Federal Campaigns (CFC’s) covering the State of Iowa.

Please consider choosing IPV A for a tax deductible payroll deduction donation through your local CFC. Thank you.
Easter Seals Assistive Technology Center

The Easter Seals Assistive Technology Center is located at Camp Sunnyside in Des Moines, Iowa. The Assistive Technology Center (AT Center) houses three Easter Seals Iowa programs, Equipment Loan, the Demonstration Center, and Lending Library. All of these are statewide programs- serving all 99 counties.

- The Demonstration Center located at Camp Sunnyside showcases different types of assistive technologies including- but is not limited to- grab bars, lifts and shower benches, dressing aids, and weighted utensils.

- The Durable Medical Equipment Loan program is available statewide. This program operates solely through donations of good quality equipment. Equipment Loan provides refurbished durable medical equipment to individuals in need, at a low cost. Equipment is available by application and requires a prescription from a medical professional prior to obtaining the equipment. Access an application online today at www.eastersealsia.org. Although there are no limits to the amount or time the consumer may use the equipment, consumers are asked to return the equipment when they are no longer in need of it. If you, or someone you know has durable medical equipment that is not in use, please consider donating it to Easter Seals so that the equipment may benefit others that are in need. Donations are accepted by appointment at our Camp Sunnyside Location at 401 NE 66th Avenue Des Moines, IA 50313. For more information call 515.309.2395, TTY 515.289.4069, and/or info@easterseals.org

- The Lending Library is a unique service for the state of Iowa. Devices and resources are available for families, individuals, counselors and schools. Up to 5 pieces of equipment can be checked out for up to 30 days to find out if it will work for them before deciding to purchase. The Lending Library contains hundreds of devices that can benefit individuals with disabilities- as well as those without- in any number of daily tasks from cooking to recreation. A list of all devices can be found online at www.eastersealsia.org.

Rural Solutions

The Rural Solutions Program has been around since 1986 providing on-site rural rehabilitation services to farm family members with a disability. Easter Seals assists families by promoting increased independence through adaptive equipment, modification, and support services that enable a family to continue their livelihood on the farm. This program is offered to individuals in rural settings or living in towns with populations smaller than 2500. Iowa’s landscape is a relic of our history and our future. Rural Solutions team members know the roots that take hold of farmers and their families and understand that where there is a desire, there is a solution.

For information on these and any of the programs offered by Easter Seals, please contact:

Kim Karwal
Easter Seals
Rural Rehabilitation/AT Center Support Professional
401 N.E. 66th Avenue
Des Moines, IA 50313
515-309-2394 (Phone)
515-289-4069 (TTY)
515-289-1281 (Fax)
kkarwal@eastersealsia.org (E-Mail)
www.eastersealsia.org
Family Alliance for Veterans of America (FAVA), a non-profit 501c3 and a subsidiary of WestCare, received the Supportive Services for Veteran Families (SSVF) grant under the Department of Veterans Affairs in 2013. The focus of this grant is for the prevention of homelessness and homelessness and in securing housing first while collaborating with other entities to fulfill all of a veteran’s needs; FAVA considers a veteran anyone who served one day of active duty in the military. The SSVF grant provides supportive services to very low-income veteran families living in or transitioning to permanent housing. FAVA’s Veteran Advocates provide case management and assist eligible veterans and their families in obtaining and maintaining stable housing and in obtaining VA and other benefits, such as: health care services, daily living needs, transportation services as well as legal, child care, fiduciary and payee services, etc. FAVA collaborates with many entities across Iowa including all county Veteran’s Affairs Officers. FAVA was initially serving 15 Iowa counties under this grant: Emmet, Palo Alto, Pocahontas, Kossuth, Humboldt, Webster, Winnebago, Hancock, Wright, Worth, Cerro Gordo, Franklin, Mitchell, Floyd and Butler. FAVA has since received an expansion of counties and is now providing services to an additional 28 counties, of which include: Allamakee, Boone, Bremer, Buena Vista, Calhoun, Carroll, Cherokee, Chickasaw, Clay, Clayton, Crawford, Dickinson, Fayette, Greene, Grundy, Hamilton, Hardin, Howard, Ida, Lyon, Monona, O’Brien, Osceola, Plymouth, Sac, Sioux, Winnebago and Woodbury; these 43 counties extend across the entire top half of Iowa and include a total of 58,117 veterans, allowing FAVA to provide SSVF services to a substantially larger number of eligible veterans and their families living in rural and highly rural communities.

If you or someone you know is a veteran who is homeless or at risk of homelessness in one of these 43 counties, please contact FAVA to at 641-243-4103 to ensure eligibility and find out more about the program. For more information, find us on facebook: www.facebook.com/FAVAOrg or visit our website: www.fava.westcare.com.
2014 Iowa PVA Trapshoot
By Kenny Lloyd

What a great weekend we had shooting in Cedar Rapids, Iowa. This was our first shoot on the Paralyzed Veterans of America Trapshoot Circuit. This was also the year end shoot for the fiscal year. We had 32 shooters, which was a great turnout for our first trapshoot. The weather was looking like it was going to rain on us all weekend but all we got was a few drops of rain the whole weekend. We held the shoot at the Otter Creek Sportsman Club on June 27 through the 29th. It was great to look up and down the trap houses and see nothing but wheelchair shooters. We did have a few stand up shooters but there were more wheelchairs shooters.

Besides holding the trapshoot we had a pistol shoot Friday morning at Midwest Shooting Supply before we started our practice rounds at the trap club Friday afternoon. A Glock 9mm handgun was awarded to the winner of the pistol shoot. We had 15 people competing. The range was indoors and it was air-conditioned. My first time shooting indoors and this was a brand new range. A man from Cedar Rapids, Iowa won the pistol.

Our host hotel for the trapshoot was the Marriot in Cedar Rapids. Friday evening we held the reception at the hotel. Saturday morning we started out shooting 100 rounds of singles and in the afternoon we shot doubles. Sunday morning we shot handicap and in the evening we had our banquet and awards. The awards went to:

**High Overall:** Steve Wagner

**High Overall SCI (The Keith Griggs Memorial Award):** Doug Van

**Handicap:**
- Long Yardage: 1st Place: RG Prucha
- Mid Yardage: 1st Place: Gary Trenkle
- Short Yardage: 1st Place: Joe Prudden

**Doubles:**
- B Class: 1st Place: Ed Hutchison
- C Class: 1st Place: Ron Ballou
- D Class: 1st Place: John Pilotte

**Singles:**
- A Class: 1st Place: Gayle Lawson
- B Class: 1st Place: Keith Reinhardt
- C Class: 1st Place: Mark Hawn
- D Class: 1st Place: Ken Buckholz

2nd:
- RG Prucha
- Gary Trenkle
- Joe Prudden
- Bill Palmer
- John Pilotte
- Gayle Lawson
- Keith Reinhardt
- Mark Hawn
- Ken Buckholz
- Tom Richey (Long Run)
Keith Griggs Memorial Award Winner:
Doug Vann with Kenny Lloyd

High Overall Shooter Winner:
Steve Wagner with Kenny Lloyd

2014 Iowa PVA Red, White and Blue Golf Outing held August 2 at River Valley Golf Course

First Place Team (9 under par)
Rick Nelson, Duke Burrell, Ken Shaffer, Terry Price

Second Place Team (8 under par)
Mark Hayden, Tim Lundberg, David McAdon, Chris Rowedder
**Veteran's Pillow**

**SHARE THIS FLYER WITH ANOTHER VETERAN, PLEASE!**

**MULTI-PURPOSE**

**NON-INVASIVE**

**ORTHOPEDIC / THERAPY PILLOW**

Sleep Apnea  
Snoring   Acid Reflux

**SideSleeper Delight**  
US Patent #7,581,267

Cardiac  
Respiratory  
Orthopedic / P.T. / O.T.

Gov’t FSS Contract # V797P-4236B

**ASK YOUR VA DOCTOR WHICH PILLOW IS RIGHT FOR YOU**

1) **Comfort Lift® Pillow: Ultimate Adjustable**  
   - For: Acid reflux, OT/PT and elevated needs
   - Catalog # CLP-ULT-S, small up to 7'6”
   - # CLP-ULT-M, medium 5'7” to 6'6”
   - # CLP-ULT-L, large over 6’

2) **SideSleeper Delight™ Pillow**  
   - For: Sleep Apnea and snoring
   - Catalog # SSD-S small, 100 lbs to 155 lbs
   - # SSD-M medium, 156 lbs to 240 lbs
   - # SSD-L large, 241 lbs to 330 lbs

**SUPPORT THE IOWA PVA**

The Iowa Paralyzed Veterans of America relies solely on **private donations** and receives NO government funding! Your contribution is 100% tax deductible, as we are a 501(c)(3) corporation. Support by individual donors and businesses enable us to make our services FREE to members.

Please support our mission through a direct donation to:

Iowa Paralyzed Veterans of America  
(Iowa PVA)  
3703 1/2 Douglas Avenue  
Des Moines, IA  50310

Thank you!

Have you considered including Iowa Paralyzed Veterans in your will or trust?

“It takes a notable person to plant a seed for a tree that will one day provide shade for someone he may never meet”

This type of donation will serve as an investment in our organization that will reap our members benefits for many years to come.

---

**Indianola Home Medical Supply L.L.C.**

207 South Howard St.  
Indianola, IA  50125

Wheelchairs, Scooters, Bathroom Safety and Daily Living Products

Full Service and Parts Department

Home Modifications, Patient Lifts, Entry Ramps, Stair Lifts, Porch Lifts, Scooter Lifts and Elevators

Darl Kaldenberg, Manager  
Phone: 515-962-0701  
Fax: 515-962-9251
Veteran Owned and Operated

Iowa’s Leader In Mobility Vans

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- VA Funding & Financing Available
- Buy-Back Program
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- 24 Hour Emergency Service

- Toll-Free: (877) 543 - 8826
- Email: rods@iowamobility.com
- Website: www.iowamobility.com
Statement Regarding Smithsonian Desire to Collect Adaptive Mobility History

The Smithsonian’s National Museum of American History is committed to documenting the experiences of disabled Americans. One aspect of this story is how vehicles and adaptive technology have empowered individuals with disabilities through freedom and mobility. Transportation has played a major role in redefining the identity of disabled Americans, the social construction of disability, and public perceptions. A century ago, many persons with disabilities were confined to their homes or institutions. Adaptive transportation has enabled access to public spaces, employment, recreation and the thrill of the open road.

Mark Mullen, a project assistant in the museum’s Road Transportation department, spent the last year researching this topic. On July 23, 2013, Mullen presented his preliminary research findings at a museum colloquium and is now working on a collecting initiative. Documenting this story through research materials, oral histories, periodicals, photographs, video, and objects will inform museum staff along with current and future researchers. Small objects, examples of adaptive technology, hand cycles, and vehicles are key components that will help tell this national narrative. The Smithsonian plans to share this story with the public through web essays, blog postings, and social media. Objects will be preserved in collections for future museum purposes.

Disabled veterans have and continue to play a central role in the disability rights and independent living movements. Their efforts to re-enter society after serving the country drove technological advancements and facilitated legislation that blazed the trail towards a more accepting and inclusive society. Paralyzed Veterans of America has been a leading advocacy and activist organization in this movement. Its publications, Paraplegia News along with Sports and Spokes, have documented the story of adaptive transportation from early innovations during the polio epidemic through today’s high technology. Help from the organization, its membership, and affiliates can advance the Smithsonian’s endeavor to narrate the experience of wounded warriors and their empowerment through adaptive transportation.

Smithsonian curators use a variety of criteria to select objects for acquisition. Completeness of the collection, storage constraints, historical significance, educational uses, and provenance are used to determine how desirable an object is for the collection. To discuss objects and stories for possible collection, individuals should contact Mark Mullen, project assistant in the Division of Work and Industry, by email at mullenm@si.edu or phone at (901) 490-3881 during normal business hours. Roger White, associate curator of Road Transportation, is an additional contact. He can be reached at whiter@si.edu or (202) 633-3925.

Through incomparable collections, rigorous research and innovative public outreach, The National Museum of American History explores the infinite complexity of America and the American experience. The museum helps people make sense of the past, understand the present, and shape a more humane future. The online exhibit Everybody: An Artifact History of Disability in America is one example of how the Smithsonian uses objects to tell the story of Disabled Americans. It can be found by visiting www.everybody.si.edu. The museum is currently renovating its west exhibition wing developing galleries on business, democracy, and culture. For more information visit www.americanhistory.si.edu
THANK YOU to
CRAIG H. NEILSEN FOUNDATION
from the Castaway Crew
### CALENDAR OF UPCOMING EVENTS

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<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>8/11</td>
<td>Veterans Parade at the Iowa State Fair - 11:00 a.m.</td>
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<td>8/14</td>
<td>Hospital Liaison Site Visit at the Iowa City VAMC - 9:00 a.m.</td>
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<td>8/12 - 8/17</td>
<td>National Veterans Wheelchair Games in Philadelphia, PA</td>
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<td>8/14</td>
<td>Bingo at the Des Moines VA CLC - 6:30 p.m.</td>
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<td>8/21</td>
<td>Iowa PVA Board of Directors Meeting at the IPVA Office - 11:00 a.m.</td>
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<td>8/26 - 8/28</td>
<td>PVA 2014 Summit in Las Vegas, NV</td>
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<td>8/27</td>
<td>Castaways Summary Meeting at the Iowa City VAMC - 3:00 p.m.</td>
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<td>9/1</td>
<td>Iowa PVA Office Closed in Observance of Labor Day Holiday</td>
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<td>9/5</td>
<td>Deadline for Submission of Ballots for IPVA 2014-2015 Election</td>
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<td>9/5 - 9/7</td>
<td>PVA Trapshoot Event in Sioux Falls, SD</td>
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<td>9/9</td>
<td>Iowa Veterans Council Meeting at the IVH in Marshalltown, IA - 1:00 p.m.</td>
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<tr>
<td>9/11</td>
<td>Bingo at the Des Moines VA CLC - 6:30 p.m.</td>
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<tr>
<td>9/18</td>
<td>Iowa PVA Board of Directors Meeting at the IPVA Office - 11:00 a.m. (Election Committee will Count Ballots for the 2014-2015 Election)</td>
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<td>9/19</td>
<td>POW/MIA Day at the Gold Star Museum at Camp Dodge</td>
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<td>9/19</td>
<td>RSVP Deadline for Iowa PVA Annual Dinner and Awards Banquet</td>
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<tr>
<td>9/29 - 10/1</td>
<td>National PVA Mid Fall Board of Directors Meeting in Dallas, TX</td>
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<tr>
<td>10/10</td>
<td>Iowa PVA Annual Dinner and Awards Banquet (See Page 24)</td>
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**OUR FAMILY HELPING YOUR FAMILY WITH ALL YOUR MOBILITY NEEDS...**

**Total Mobility** is a full line mobility dealer specializing in:

- **Auto Mobility:**
  - Lowered Floor Minivans
  - Full Size Vans with Lifts
  - Inside and Outside Scooter Lifts and Ramps for Cars, Trucks and SUV's
  - Standard and Electronic Driving Controls

- **Home Mobility:**
  - Stair Chairs
  - Porch Lifts
  - Elevators
  - Portable Ramp Systems

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**Contact Us:**

Iowa PVA  
3703 1/2 Douglas Avenue  
Des Moines, IA 50310

- 515-277-4782  
- 888-909-4782  
- 515-277-8165—Fax

iowapva1@yahoo.com  
iowapvakim@yahoo.com  
iowapvajaz@yahoo.com

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Iowa Chapter
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Prosthetics Delay Report Form

Responsible PVA Service Office: __________________________ Date: _______

Last Name: __________________ First Name: __________________ MI: _____

SSN: __________________________ Age: _____ PVA Member: Yes ☐ No ☐

Description of disabling condition that necessitates reliance on prosthetics, including the date of injury:

_______________________________________________________________

_______________________________________________________________

Are you service-connected: Yes ☐ No ☐

Item/Device/Equipment ordered:

_______________________________________________________________

Date Ordered: ____________

Prescribing Clinician/Therapist: ________________________________

VA Medical Center: ________________________________

Veteran Integrated Service Network (1-23): __________

Order delayed more than 30 days: ☐ Denied: ☐

Reasons given for decision:

_______________________________________________________________

_______________________________________________________________

Impact of delay/denial:

_______________________________________________________________

_______________________________________________________________

Fax the completed form to (202) 416-7754 or email to prosthetics@pva.org
Weekly and Ongoing Programs Sponsored by Adaptive Sports Iowa

Adaptive Sports Iowa is built around the concept of providing consistent opportunities to be active. We are able to achieve this by organizing a number of weekly and monthly program throughout the year.

Wheelchair Basketball
We host wheelchair basketball every Thursday evening at First Family Church in Ankeny, IA. The games are not officiated and are relaxed, giving players a chance to improve and enjoy themselves while getting some exercise. We also have 12 Top End Transformer All Sport wheelchairs on site for use.
- Thursday Evening
- 6:00 pm - 9:00 pm
First Family Church, 317 SE Magazine Rd. Ankeny, IA

Youth Sports Club
Organized in collaboration with our friends at Courage League Sports, this youth program is designed to fun, social, and active. Similar to a "PE style" class we play games and have fun.
- Thursday Evenings
- 5:30 pm - 7:00 pm
Courage League Sports, 4405 121st St. Urbandale, IA

Power Soccer
Power Soccer is the first competitive team sport designed and developed specifically for power wheelchair users. These participants include persons with quadriplegia, multiple sclerosis, muscular dystrophy, cerebral palsy, head trauma, stroke, spinal cord injury and other disabilities. Power Soccer combines the skill of the wheelchair user with the speed and power of the chair itself, to participate in an extremely challenging game similar to soccer.
- Tuesday Evenings
- 6:00 pm - 8:00 pm
Valley Community Center, 4444 Fuller Rd. West Des Moines, IA

Group Cycling Riders
An opportunity for the novice to seasoned cyclists our weekly group rides take place on the popular Raccoon River Trail.
- Tuesday Evenings
- Depart trailhead at 5:30 pm
Waukee Trailhead located at the intersection of Hickman Rd. and 10th street on the west side of Waukee.

Bowling Night
The second Tuesday of every month we host an evening of bowling with your friends and family. Warrior Lanes in Waukee has graciously provided their facility to us for this event.
- Second Tuesday of every month
- 6:00 pm - 8:00 pm
- Warrior Lanes, 190 SE Laurel. Waukee, IA

DISCLAIMER

Back Talk and the Iowa Chapter of the Paralyzed Veterans of America neither endorses nor guarantees any of the products or services advertised. We are pleased that we can offer you information about products and services that are available, but we strongly urge you to investigate any company or product yourself prior to using such services or products.

Back Talk is a publication of the Iowa PVA and is meant to inform its readers of Chapter activities, legislation, and other matters of concern to veterans and/or members of the disability community. Any opinions expressed in any article is that of the author and may not reflect the beliefs or policies of the Iowa Chapter.

Thank you.
Wheelchair Basketball

Adaptive Sports Iowa continues to host weekly wheelchair Basketball pickup games in Ankeny. The games are held at the First Family Church located at 317 SE Magazine Road. The facility is reserved from 6-8 p.m. every Thursday night. Adaptive Sports Iowa will have six sports chairs on site. There is no cost to participate. Come out and enjoy the fun.

Attention

Elections for the Board of Directors and Officers of Iowa Paralyzed Veterans of America will be held in September for FY 2014-2015. If you are a member in good standing, would like to be considered for a position on the Board of Directors and wish to be included on the ballot, please contact Kim Gould at 515-669-8746 or email your request to iowapvakim@yahoo.com by June 30, 2014.

Per Iowa Paralyzed Veterans of America Election Policy and Procedures, ballots will be sent out to all members no later than August 15, 2014 along with a biography of all of the candidates and optional campaign letters. (Campaign letters will be limited to one page subject to appropriate editing by the Newsletter Editor and/or Election Committee Chair). Ballots must be returned by a mid-September date and counted prior to the September Board of Directors Meeting.
**ATTENTION**

1. Please check out our new and improved web page! Many items of interest will be posted frequently. This will bring you news about the chapter between newsletters. It is a work in progress, but you will find it very interesting and informative.

   www.iowapva.org.

2. Please provide us with your email address. We would like to provide you your newsletter and other information electronically. This will make it easier for you and less expensive for us.

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### Cookbooks

The cookbooks have arrived and are going like hotcakes!!!!! With every donation of at least $20.00, you will receive a free cookbook. Please send your donation directly to our office at:

**Iowa Paralyzed Veterans of America**

3703 1/2 Douglas Ave.

Des Moines, IA  50310

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### Associate Membership Drive

Please consider becoming an Associate Member of Iowa Paralyzed Veterans of America. Simply contact our office and request an Associate Membership Application. Complete it and mail it with a check for $75.00 back to our office. Applicants for Associate Membership will receive a free cookbook.

**Be sure to include the address you would like your gift sent to.**

**Thank you!!!!!!!!!**

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ANNUAL DINNER MEETING AND AWARDS BANQUET

The Board of Directors of the Iowa Chapter of the Paralyzed Veterans of America would like to invite you to their Annual Dinner Meeting and Awards Banquet on Friday evening:

October 10, 2014
at the Ramada Tropics Resort & Conference Center
at I35/80 and Merle Hay Road in Des Moines, IA

4:30 p.m. Bingo
5:30 p.m. Social Hour and Music
6:30 p.m. Dinner
Awards will be presented following dinner

Please RSVP to the Iowa PVA office by Close of Business on Friday, September 19, 2014 at 515-277-4782 or iowapvakim@yahoo.com or iowapvajaz@yahoo.com

(Dress is Business Casual)