Back Talk

July / August 2015

~ Veterans Parade ~
August 17, 2015

Paralyzed Veterans of America—Iowa Chapter

Thank You Veterans
A Message From The President
Jon R. Schneider

Iowa Veterans Fortunate to have ALS Treatment Clinic

We are pleased to share with you the following information taken from the Iowa City Press-Citizen regarding an important step to assist our Iowa Veterans with ALS. It was a great win for the Iowa City Veterans Affairs Healthcare System.

Read more about ALS treatment at the end of the article, and please know the Paralyzed Veterans of America-Iowa Chapter is thrilled and grateful to be able to acknowledge and welcome the first Recognized Treatment Center in Iowa.

"Interdisciplinary care for patients with ALS came into focus in July during a ceremony and open house at Iowa City's VA Hospital. During the ceremony, the National ALS Association named the Iowa City Veterans Affairs Healthcare System's interdisciplinary ALS treatment clinic as its first Recognized Treatment Center in Iowa.

Josh Nuss, executive director of the ALS Association's Iowa chapter, said the association recognized the VA Healthcare System because of its interdisciplinary approach to treating ALS, or amyotrophic lateral sclerosis, a progressive neurodegenerative disease. Nuss said this approach allows patients to see a series of specialists in the same room on the same day. He said this streamlines treatment for patients, and it can improve their quality of life and extend their life expectancies.

Dr. Heather Bingham, a physical medicine and rehabilitation specialist and physiatrist at the VA Hospital, said the VA's approach to treating ALS involves specialists from about 10 disciplines, including palliative care, speech therapy, psychology and respiratory therapy. Dr. Bingham said the hospital started offering care through its interdisciplinary clinic two years ago, and that 16 patients currently receive care there. She said the hospital applied to become a Recognized Treatment Center and has collaborated with the ALS Association while establishing the clinic.

Troy Musser, a patient at the clinic who has struggled with ALS for almost five years, said the VA Hospital's interdisciplinary method is "very beneficial" by not having to make multiple appointments over several days.

Jessica Liebenstein, a care services coordinator with the ALS Association, said she works with patients at the VA's clinic, which treats three or four patients per day once a month. She said she's seen staff at the VA Hospital listening closely to their patients with ALS. "It's just a really good team approach," she said.

A new clinical video telehealth system involving tablets has been introduced by the hospital. Telehealth Clinical Technician Angela McDowell said the hospital began sending tablets to some patients in June, allowing them to interact with their care providers remotely from home. The tablets work best in treatment situations including mental health, social work and homeless outreach, and they have been a huge success."
In July, our Chapter National Vice President Liaison Charles Brown came to Iowa to perform a chapter visit. Charles reviewed our financials, reviewed our policies and did a general inspection of our offices procedures. He attended our July board of directors meeting where he presented our volunteers with certificates of appreciation for all of the volunteer work they did throughout the year. He also talked to all of the board members to see if there were any issues they were concerned with. I am pleased to say that the Iowa Chapter received a great report from Mr. Brown.

Charles is also the National Field Advisory Committee Chairman. The Field Advisory Committee consists of several PVA members from different chapters and they do site visits at all the Spinal Cord Injury Centers and, if a problem occurs at the SCI clinics, they will do site visits to them too. There have not been any problems at our Iowa SCI clinics, but since our chapter has not had a site visit from National PVA for a few years, Charles decided to do a site visit at our Spinal Cord Injury Clinics in Des Moines and Iowa City. Since I am one of the Hospital Liaison Officers for the two hospitals, I was able to join Charles on the site visits. After Charles did the site visits with our two clinics, he said the clinics were running very well.

Now I am not saying there are no problems at all at our spinal cord clinics. We are simply not aware of any at this time. Our Executive Director Kim Gould is our other Hospital Liaison Officer and we do monthly site visits at both the Iowa City and Des Moines VA SCI clinics. If there are any problems that our members are aware of, we need to hear from you. We also have a new National Service Officer, Gus Gonzales. He or his secretary, Judy Keeling should also be contacted to let them know of the problem.

Below are pictures of Charles Brown presenting some of the Volunteer Appreciation Awards. Pictured from top to bottom and left to right are Charles Brown with Bev Frideres, Pauline Lloyd, Steven Brinkmeyer, Duane Frideres, Susan Brinkmeyer, Larry Phillips, Kenny Lloyd, Kim Gould and Lonn Cunningham. Jon Schneider, David Graham, Michael Brady, and Tish Simons also received awards (not pictured).
A Message from PVA National Service Office

By: Anthony Steele, Central-Central Area Manager

As a disabled veteran, you may be eligible for disability compensation and health care benefits for diseases that VA has recognized as associated with exposure to Agent Orange and other herbicides. Agent Orange exposure is commonly associated with veteran’s service in the Vietnam War (January 9, 1962 through May 7, 1975) and along the demilitarized zone (DMZ) in Korea (April 1, 1968 through August 31, 1971).

Blue Water veterans must have actually stepped foot on the land of Vietnam or served on its inland waterways between January 9, 1962 and May 7, 1975 to be presumed to have been exposed to herbicides. Vietnam-era veterans whose service involved duty on or near the perimeters of military bases in Thailand anytime between February 28, 1961 and May 7, 1975 may have been exposed to herbicides and may qualify for VA benefits. Agent Orange and other herbicides used in Vietnam were tested or stored elsewhere, including some military bases in the United States. For herbicide tests and storage in the United States you may visit the following website for additional information. http://www.publichealth.va.gov/exposures/agentorange/outside_vietnam_usa.asp
For herbicide tests and storage outside of the United States you may visit the following website for additional information. http://www.publichealth.va.gov/exposures/agentorange/outside_vietnam.asp

The following diseases are presumed associated with exposure to Agent Orange and other herbicides.

- **AL Amyloidosis**: A rare disease caused when an abnormal protein, amyloid, enters tissues or organs.

- **Chronic B-cell Leukemias** (added October 30, 2010) A type of cancer which affects white blood cells.

- **Chloracne** (or similar acne form disease) A skin condition that occurs soon after exposure to chemicals and looks like common forms of acne seen in teenagers. Under VA's rating regulations, it must be at least 10 percent disabling within one year of exposure to herbicides.

- **Diabetes Mellitus Type 2**: A disease characterized by high blood sugar levels resulting from the body’s inability to respond properly to the hormone insulin.

- **Hodgkin’s Disease**: A malignant lymphoma (cancer) characterized by progressive enlargement of the lymph nodes, liver, and spleen, and by progressive anemia.

- **Ischemic Heart Disease** (added October 30, 2010) A disease characterized by a reduced supply of blood to the heart that leads to chest pain.

- **Multiple Myeloma**: A cancer of plasma cells, a type of white blood cell in bone marrow.

- **Non-Hodgkin’s Lymphoma**: A group of cancers that affect the lymph glands and other lymphatic tissue. **Exception**: Blue Water Veterans with non-Hodgkin's lymphoma may be granted service-connection without showing inland waterway service or that they set foot in Vietnam. This is because VA also recognizes non-Hodgkin's lymphoma as related to service in Vietnam or the waters offshore of Vietnam during the Vietnam Era.

- **Parkinson’s Disease** (added October 30, 2010) A progressive disorder of the nervous system that affects muscle movement.

- **Peripheral Neuropathy, Acute and Subacute** A nervous system condition that causes numbness, tingling, and motor weakness. Currently, it must be at least 10 percent disabling within one year of herbicide exposure and resolve within two years. On August 10, 2012, VA proposed to replace "acute and subacute" with "early-onset" and eliminate the requirement that symptoms resolve within two years.

- **Porphyria Cutanea Tarda**: A disorder characterized by liver dysfunction and by thinning and blistering of the skin in sun-exposed areas. Under VA's rating regulations, it must be at least 10 percent disabling within one year of exposure to herbicides.

- **Prostate Cancer**: Cancer of the prostate; one of the most common cancers among men.

- **Respiratory Cancers** (includes lung cancer) Cancers of the lung, larynx, trachea, and bronchus.

- **Soft Tissue Sarcomas** (other than osteosarcoma, chondrosarcoma, Kaposi’s sarcoma, or mesothelioma). A group of different types of cancers in body tissues such as muscle, fat, blood and lymph vessels, and connective tissues.

Should you have any questions regarding exposure to Agent Orange or other herbicides, or your eligibility for VA benefits, please contact your local National Service Officer at 515-323-7544.
From the Desk of the Executive Director

Kim Gould

All American Bash

On July 25, 2015, the Cedar Rapids Eagle Riders held the All American Bash Motorcycle Ride and Fundraising Event. All proceeds from this event were directed to the Iowa Chapter of Paralyzed Veterans of America. The event began with a ride which started at J&P Cycles in Anamosa. (J&P Cycles was also a significant sponsor of the event.) 70 motorcycles participated and made four stops before reaching the final destination at the beautifully renovated Veterans Memorial Building in Cedar Rapids, Iowa. Live music, food and silent auction were all provided at the Veterans Memorial Building. Several of the Iowa PVA Board of Directors and their wives were in attendance as well as National PVA Vice President Liaison Charles Brown (and Becky).

The event was a huge success. On August 22, the Cedar Rapids Eagle Riders presented Iowa PVA with a check for $7500.00 raised at this event. (See picture below.) This was the biggest one day fundraising event ever held by an Eagle Riders club. This is a fabulous group. Special thanks goes out to Mike Smith, Dale DeRues and Jim Delaney.
### SEPTEMBER

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
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<tbody>
<tr>
<td>Daniel Allsup</td>
<td>September 5</td>
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<td>Cathy Guy</td>
<td>September 5</td>
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<td>John Cornally</td>
<td>September 6</td>
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<td>Roger Stroud</td>
<td>September 7</td>
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<td>Lana Gillaspie</td>
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<td>Rusty Bettcher</td>
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<td>James Cooper</td>
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<td>Dean Blumanhourst</td>
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<td>Glen Fahrenkrug</td>
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<td>Michael Hoeger</td>
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<td>Jim Boniface</td>
<td>September 25</td>
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<td>Garry Davis</td>
<td>September 26</td>
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### OCTOBER

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<tr>
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<tr>
<td>Richard Straw</td>
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<td>Brian Ries</td>
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<td>Lynn Hamann</td>
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<td>Jimmie Kerr</td>
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<td>James Gephart</td>
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<td>James Pomeroy</td>
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<td>Steven Newell</td>
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<td>Jeff Mullin</td>
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<td>Randall Andersen</td>
<td>October 18</td>
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<td>Clyde Hughson</td>
<td>October 25</td>
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<td>Ian Ralston</td>
<td>October 26</td>
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<tr>
<td>Vernon Daniels Sr.</td>
<td>October 29</td>
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<tr>
<td>Allan Hamilton</td>
<td>October 31</td>
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**2015 National Veterans Wheelchair Games Gold Medal Power Soccer Team!**  
Iowa PVA Board Member Michael Brady Pictured Above in the Center

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**Iowa PVA Pheasant Hunt**

The pheasant hunt will be held on November 14, 2015 in Ogden, IA. There are rooms reserved in Boone, Iowa, 10 miles away at the Baymont Hotel for $93 a night. The rooms will be reserved until October 13th and are under the Paralyzed Veterans of America-Iowa Chapter. The Baymont does provide breakfast. For other meals, we are hoping to use the community building in Ogden. The deadline for signing up will be November 7, 2015.

For further information, please contact Kenny Lloyd at 641-486-2564.
5.5 Million Veterans With Disabilities*

3 Million With Service-Connected Disabilities*

600,000 With Significant Service-Related Disabilities*

42,000 Spinal Cord Injury**

16,000 Multiple Sclerosis**

156,000 Legally Blind Veterans
1.1 Million With Visual Impairments**

4,220 Amyotrophic Lateral Sclerosis (ALS) Or Lou Gehrig's Disease With A Life Expectancy Of Two To Five Years**

1,572 With Major Limb Amputations, 486 With Multiple Amputations (both figures since 2003)***

80,000 Amputations, Most Stemming From Vascular Diseases**

253,330 Traumatic Brain Injury - 3,949 With Penetrating Head Wounds - 44,610 With Severe Or Moderate Brain Injury Since 2003***

25 Years of the Americans with Disabilities Act (ADA)

PVA.org/ADA

*Data from the American Community Survey  **Data from the Department of Veterans Affairs  ***Data from Army Surgeon General’s Office
2015-2016 Educational Scholarship Award Winners

Paralyzed Veterans of America's (PVA) primary goal has been to assist its members and their families in improving the quality of their lives. This goal has been addressed through a wide variety of activities, including support of programs designed to provide education and training. PVA established an Educational Scholarship Program to assist PVA members and their immediate families in gaining a post-secondary education.

Full-Time Student Award Winners - $1,000 each

Miah Crockett (Sonoma State University)
Daughter of George Crockett, Jr. – Cal-Diego Chapter

Lynn Curley (Navajo Technical University)
PVA Member – Zia Chapter

Samantha Gardner (University of Nebraska - Lincoln)
Daughter of William Gardner – Kentucky-Indiana Chapter

Hannah Groce (Milligan College)
Daughter of Lewis Grogg – Southeastern Chapter

Hope Harmon (Lipscomb University)
Daughter of Steve Harmon – Oregon Chapter

Baylie Mann (Appalachian State University)
Daughter of Brian Mann – Southeastern Chapter

Shannon Palmer (Miami University)
Daughter of Kevin Palmer – Buckeye Chapter

Kalani Prokop (Eastern Washington University)
Daughter of Maria Arroyo – Cal-Diego Chapter

April Saint (Walden University)
Spouse of Stuart Saint – Member At Large

Chris Santistevan (Western Governors University)
PVA Member – Cal-Diego Chapter

Robert Taylor (Liberty University)
PVA Member – Mid-South Chapter

SUPPORT THE IOWA PVA

The Iowa Paralyzed Veterans of America relies solely on private donations and receives NO government funding! Your contribution is 100% tax deductible, as we are a 501(c)(3) corporation. Support by individual donors and businesses enable us to make our services FREE to members.

Please support our mission through a direct donation to:

Iowa Paralyzed Veterans of America (Iowa PVA)
7025 Hickman Rd, Suite #1
Urbandale, IA  50322

Thank you!

Have you considered including Iowa Paralyzed Veterans of America in your will or trust?

“It takes a notable person to plant a seed for a tree that will one day provide shade for someone he may never meet”

This type of donation will serve as an investment in our organization that will reap our members benefits for many years to come.

Indianola Home Medical Supply L.L.C.
207 South Howard St.
Indianola, IA  50125

Wheelchairs, Scooters, Bathroom Safety and Daily Living Products

Full Service and Parts Department

Home Modifications, Patient Lifts, Entry Ramps, Stair Lifts, Porch Lifts, Scooter Lifts and Elevators

Darl Kaldenberg, Manager
Phone:  515-962-0701
Fax:  515-962-9251
Register now for the Iowa Statewide Veterans Conference

Learning to Return Services
Join us for a series of breakout sessions on “Learning to Return Services” in the context of giving back and paying it forward to each other, to our communities, and to society as a whole.

Learning to Return Services
Major General Timothy E. Orr,
Iowa National Guard
The Adjutant General

LEARN MORE

Event Details
Date: September 28, 2015
Time: 9:00 am - 4:30 pm
Location: Iowa State University Memorial Union- Ames, IA
Early Registration: $30.00
Late Registration: $40.00

*Early registration deadline is September 18. On-site registration is available.

Resource Fair
Join us from 11:30 am-5:30 pm at the Resource Fair. Visit with many vendors about local services for Veterans.

Learn more at www.veterans.iastate.edu/conference
Little Dresses for Africa
By Larry and Mary Lou Phillips

A Non-Profit Christian organization whose mission is to provide
Relief to Children in Central Africa

Little Dresses for Africa is based out of Romulus, Michigan and was founded in 2008 by Rachel O’Neil. Our chapter was organized by Cheryl Wessels of Anita, Iowa through her church. Cheryl has organized four groups at area Care Centers in Atlantic, Iowa and Anita, Iowa. Volunteers consisting of residents of the Care Centers and Assisted Living Homes plus many outside ladies assist in making these little dresses. Each center has a different function of the dress to complete. The sewing of the dresses is done by other ladies. When the dresses are completed they are put in two gallon zip lock bags and sent to Michigan where arrangements are made for them to go to missionaries in Central Africa.

All materials for the dresses are donated either by individuals or groups. We are always in need of new or slightly used pillow cases, sheets, material, ric-rac, bias tape, ribbon, lace, scissors, thread. Cash donations are also accepted. Postage is a big expense. This group has been able to make 1600 dresses that have already gone to Africa and have 400 more ready to be shipped.

Donations can be left at the Iowa Chapter Office of Paralyzed Veterans in Des Moines or they can go directly to Cheryl Wessels, Anita, Iowa 50020. If you would like more information, feel free to contact Cheryl at 712-762-3380 or visit the web site at www.littledressesforafrica.org.

Pictured to the left: Larry Phillips, Board Member of the Iowa Chapter of Paralyzed Veterans of America, presents a check for $300.00 to Cheryl Wessels and Volunteer Mary Lou Phillips, both of Anita, to be used for materials that are needed to continue with their Mission work.
## Paralyzed Veterans National Shooting Sports Circuit

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>WISCONSIN</td>
<td>Aug. 21–23, 2015</td>
<td>Rifle &amp; Pistol Shoot</td>
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<td></td>
<td>Sept. 4–6, 2015</td>
<td>Pistol Shoot</td>
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<td>Sept. 4, 2015</td>
<td>Keystone</td>
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<td>Oct. 2–4, 2015</td>
<td>NORTHWEST</td>
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<td>Oct. 30–Nov. 1, 2015</td>
<td>ARIZONA</td>
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<td>Oct. 30, 2015</td>
<td>IOWA</td>
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<tr>
<td>CAL-DIEGO</td>
<td>Jan. 29–31, 2016</td>
<td>MID-AMERICA</td>
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<td>March 12–14, 2016</td>
<td>SOUTH EASTERN</td>
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<td>April 22–24, 2016</td>
<td>VAUGHAN</td>
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<td>June 3–5, 2016</td>
<td>COLONIAL</td>
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<td></td>
<td>June 17–19, 2016</td>
<td>IOWA</td>
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<td>Jan. 18–19, 2016</td>
<td>CAL-DIEGO</td>
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<td></td>
<td>March 10, 2016</td>
<td>MID-ATLANTIC</td>
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<td></td>
<td>Sept. 18–20, 2015</td>
<td>KENTUCKY-INDIANA</td>
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<td></td>
<td>Feb. 26–28, 2016</td>
<td>AIR FORCE MARATHON</td>
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<td></td>
<td>May 6–8, 2016</td>
<td>TOUR DE LA FRANCE</td>
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<td></td>
<td>July 25–27, 2016</td>
<td>ANNUAL PVA/AWBA BOWLING TOURNAMENT SERIES</td>
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## Paralyzed Veterans Bass Tour

<table>
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<tr>
<th>Location</th>
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<tr>
<td>WISCONSIN</td>
<td>Sept. 18–20, 2015</td>
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<td>Lake Eufaula</td>
<td>FLORIDA GULF COAST</td>
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<td>Eufaula, OK</td>
<td>NEVADA</td>
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<td></td>
<td>Lake Toho</td>
<td>VAUGHAN</td>
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<td>Kissimmee, FL</td>
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<td>CAL-DIEGO</td>
<td>May 13–15, 2016</td>
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<td>May 20–22, 2016</td>
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<td>Feb. 26–28, 2016</td>
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<td>July 25–27, 2016</td>
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## Annual PVA/NWPVA Billiards Tournament Series

<table>
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<tr>
<th>Location</th>
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<td>MOUNTAIN STATES</td>
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<td>MID-AMERICA</td>
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<tr>
<td>MOUNTAIN STATES</td>
<td>July 25–27, 2016</td>
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* A non-NWPA sanctioned event
Easter Seals Iowa - Wellmark YMCA
Wellness & Fitness Program
for Members with Paralysis
Demo Classes

Saturday, September 26, 2015
At the Wellmark YMCA
501 Grand Avenue, Des Moines 50309

Family members and/or support staff are welcome to join and will receive a free one-day pass to the YMCA.

<table>
<thead>
<tr>
<th>Class</th>
<th>Session 1</th>
<th>Session 2</th>
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<tbody>
<tr>
<td>Boot Camp</td>
<td>11:00AM – 11:20AM</td>
<td>11:30AM – 11:50AM</td>
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<tr>
<td>Cycling</td>
<td>11:00AM – 11:20AM</td>
<td>11:30AM – 11:50AM</td>
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<tr>
<td>TRX suspension training</td>
<td>Noon – 12:20PM</td>
<td>12:30PM – 12:50PM</td>
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<tr>
<td>Yoga</td>
<td>12:10PM – 12:30PM</td>
<td>12:40PM – 1:00PM</td>
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</table>

Please RSVP to Kim Karwal at kkarwal@eastersealsia.org or 515-309-2394

This project is partially funded through a Quality of Life grant through the Dana and Christopher Reeve Foundation and is a collaborative effort between Easter Seals Iowa and the Wellmark YMCA.

WELLMARK YMCA
501 Grand Ave Des Moines, IA 50309
P 515 282 9622  F 515 471 8559  www.dmymca.org
DEMO CLASS DESCRIPTIONS

If you need any modifications to attend these classes, personal trainers will be available to assist you. Please arrive early, so we can assist you properly.

**Indoor Cycling:**
Curious about indoor cycling? Interested in giving it a try? This class is designed for you. Learn the ins and outs of the indoor cycling class with this shorter version of our Group Cycling class. This class takes extra time for cycle set-up and familiarization of equipment functions as well as a basic cardio portion that may or may not be as intense as our regular Group Cycle class – that is up to you!

**Boot Camp:**
If you are up to the challenge of high-intensity cardio, total-body strength training and components for flexibility and balance, this is the class for you. Your dedication to this class, combined with our motivating instructors will ensure you see results!

**TRX:**
Join our TRX® trained, certified personal trainers for this total-body workout. You will receive instruction on how to properly use the suspension cables to complete strength training exercises and be pushed by the trainers to take your workout to the next level.

**Gentle Yoga:**
A less intense yoga practice moving at a slow and steady pace. Great for those who are new to yoga or those who need modifications.
Siebert Mobility of Iowa LLC

Veteran Owned and Operated

Iowa’s Leader In Mobility Vans

** $1000 Veteran Discount Available **

- Convienent Locations Serving Iowa, Nebraska, & Illinois
- Top Dollar For Your Trade-In!!!
- New & Used Wheelchair Vans
- Many Makes, Models & Conversions To Chose From
- Hundreds Of Vans Available
- Sales and Service
- Wheelchair Lifts & Driving Controls
- VA Funding & Financing Available
- Buy-Back Program
- Stairlifts & Other Equipment
- 24 Hour Emergency Service

Toll-Free: (877) 543 - 8826

Email: rods@iowamobility.com

Website: www.iowamobility.com

BraunAbility
Driving Freedom™
### CALENDAR OF UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/7</td>
<td>IPVA Office Closed in Observance of Labor Day Holiday</td>
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<tr>
<td>9/7  - 09/10</td>
<td>National Disabled Veterans TEE Tournament - Iowa City</td>
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<tr>
<td>9/8</td>
<td>Iowa Veterans Council Meeting at the IVH - 1:00 p.m.</td>
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<tr>
<td>9/10</td>
<td>Bingo at the Des Moines VA CLC - 6:30 p.m.</td>
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<tr>
<td>9/16</td>
<td>Des Moines VA Hospital Liaison Site Visit - 1:00 p.m.</td>
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<tr>
<td>9/17</td>
<td>Iowa PVA Board of Directors Meeting at the IPVA Office - 11:00 a.m.</td>
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<tr>
<td>9/24</td>
<td>Iowa City VA Hospital Liaison Site Visit - 2:00 p.m.</td>
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<tr>
<td>9/24</td>
<td>Castaway Disabilities Event Meeting at the Iowa City VA - 2:30 p.m.</td>
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<tr>
<td>10/8</td>
<td>Bingo at the Des Moines VA CLC - 6:30 p.m.</td>
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<tr>
<td>10/9</td>
<td>Annual Dinner and Awards Banquet (See Page 20)</td>
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<tr>
<td>10/12</td>
<td>IPVA Office Closed in Observance of the Columbus Day Holiday</td>
</tr>
<tr>
<td>10/14</td>
<td>Des Moines VA Hospital Liaison Site Visit - 9:00 a.m.</td>
</tr>
<tr>
<td>10/19 - 10/21</td>
<td>Iowa PVA Annual Chapter Audit</td>
</tr>
<tr>
<td>10/22</td>
<td>Iowa City VA Hospital Liaison Site Visit - 2:00 p.m.</td>
</tr>
<tr>
<td>10/22</td>
<td>Castaway Disabilities Event Meeting at the Iowa City VA - 2:30 p.m.</td>
</tr>
<tr>
<td>11/1 - 11/6</td>
<td>Mid Fall National PVA Board of Directors Meeting in Phoenix, AZ</td>
</tr>
<tr>
<td>12/12 - 12/13</td>
<td>Iowa PVA Deer Hunt</td>
</tr>
<tr>
<td>12/16</td>
<td>Iowa PVA Christmas Party</td>
</tr>
</tbody>
</table>

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**Contact Us:**

Iowa PVA  
7025 Hickman Rd., Suite #1  
Urbandale, IA 50322

515-277-4782  
888-909-4782  
515-277-8165—Fax

iowapva1@yahoo.com  
iowapvakim@yahoo.com  
iowapvalin17@yahoo.com

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**Total Mobility**

2406 W. 2nd Ave., Indianola, IA 50125  
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Please check out our new and improved web page! [www.iowapva.org] Many items of interest will be posted frequently. This will bring you news about the chapter between newsletters. It is a work in progress, but you will find it very interesting and informative.

Please provide us with your email address. We would like to provide you your newsletter and other information electronically. This will make it easier for you and less expensive for us.
SAVE THE DATE!
September 30, 2015

Participants will be eligible for CEU's through RESNA and CRCC for this presentation. Additional payment and an assessment submission will be required to receive .4 RESNA ATP CEU’s.

Featuring, National Speaker, Laura Plummer, MA, CRC, ATP
Laura will present on Assistive Technology as a tool for obtaining and maintaining employment & the many pieces to the transition puzzle. Service providers, students, and families are all welcome.

Visit the Iowa ASPE website to register at http://iowa-apse.org

This presentation will explore the role that Assistive Technology can play in each of the three big puzzles: EDUCATION, WORK & LIFE.

Brought to you by the Iowa Program for Assistive Technology, Association of People Supporting Employment First & Easter Seals Iowa as part of the:

4th Annual Employment Summit
September 29-30, 2015
Hilton Garden Inn
8600 Northpark Drive
Johnston, Iowa  50131

“Sometimes you’re the windshield…Sometimes you’re the bug…”

To register for Laura’s conference ONLY, please select the “Wed. Sept 30th One Day only Assistive Technology Workshop” option at a fee of $175 (AT Workshop will run from 8:30-3:00).
Wheelchair Basketball

Adaptive Sports Iowa continues to host weekly wheelchair Basketball pickup games in Ankeny. The games are held at the First Family Church located at 317 SE Magazine Road. The facility is reserved from 6-8 p.m. every Thursday night. Adaptive Sports Iowa will have six sports chairs on site. There is no cost to participate. Come out and enjoy the fun.

Robert K. Rankin
President-CEO

Rankin
Communication Systems Inc.

Business Telephone
Systems
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CenturyLink Services

5444 NW 96th Street - Johnston, Iowa 50131
Phone: (515) 331-2616 or (515) 986-5654 Ext. 207
Fax: (515) 986-5014 E-mail: bobrankin@rankincom.com

iGive Shopping Donation Program

Iowa PVA recently became part of the iGive online shopping program. As friends and supporters of Iowa PVA, this is an easy and inexpensive (free) way to support our programs and causes.

1. Log in to iGive.com and create a free iGive account. You simply create a login in and password and designate Paralyzed Veterans of America - Iowa Chapter as your cause. By simply creating this account, $5 is donated to us automatically.

2. After your account is created, any online shopping you do from over 1000 participating stores generates a donation to our organization (%). The only catch is that you must log in to iGive and then choose the store you wish to order from.

Please visit the iGive website. You will see that almost every store you can think of is listed as options for your on line shopping needs.

Thank you for your continued support.
ANNUAL DINNER MEETING AND AWARDS BANQUET

The Board of Directors of the Iowa Chapter of the Paralyzed Veterans of America would like to invite you to their Annual Dinner Meeting and Awards Banquet on Friday evening:

October 9, 2015
at the Ramada Tropics Resort & Conference Center
at I-35/80 and Merle Hay Road in Des Moines, IA

4:30 p.m. Bingo
5:30 p.m. Social Hour and Music
6:30 p.m. Dinner
Awards will be presented following dinner

Please RSVP to the Iowa PVA office by Close of Business on Friday, September 25, 2015 at 515-277-4782 or iowapvakim@yahoo.com or iowapvalin17@yahoo.com

(Dress is Business Casual)