Back Talk

Annual Christmas Party - December 11, 2019

Lots of fun at the Christmas party with over 70 people attending. All socialized and enjoyed fabulous food from Hickory Park. Santa and his helpful Elf, arrived to give gifts and sing songs!
A Message From The President
Jon R. Schneider

Below is a recent News Release (December 13, 2019) which I believe would be of interest to many of our readers. Merry Christmas and Happy New Year to everyone!
JRS

VA announces proposal to increase access to dental care
WASHINGTON – Today the Department of Veterans Affairs (VA) announced it has submitted to Congress a waiver request and pilot program under Section 152 of the VA Maintaining Internal Systems and Strengthening Integrated Outside Networks Act of 2018 (MISSION Act) to improve access to dental care for Veterans.

The MISSION Act authorizes VA to submit statutory waivers to Congress for the purpose of testing innovative service delivery models to improve the quality of care for America’s Veterans. Under existing statute, VA has limited authority to provide dental services for Veterans. With this waiver request, VA is submitting a proposal to increase access to dental services for enrolled Veterans ineligible for dental services through VA by connecting them with community-based, pro bono or discounted dental service providers.

“The MISSION Act gave Veterans real choice over their healthcare decisions,” said Secretary of Veterans Affairs Robert L. Wilkie. “Through this pilot proposal, we want to ensure Veterans have access to quality dental care through a network of providers who are proud to serve America’s heroes.”

Poor oral health can have a significant negative effect on overall health. Clinical research has found possible connections between gum problems and heart disease, bacterial pneumonia, and stroke. Upon approval of this pilot, VA will work with groups such as the American Dental Association and Federally Qualified Health Centers across the U.S. to offer pro bono and discounted dental services to Veterans.

“This waiver submission opens the door to years of groundbreaking innovation under the MISSION Act to improve care for our Veterans, who are top of mind for this President and this Administration every single day,” said Director Joe Grogan of the White House Domestic Policy Council.

Section 152 of the MISSION Act led VA to establish a Center for Care and Payment Innovation to test payment and service delivery models, with the goal of reducing expenditures while preserving or enhancing the quality of care for Veterans. In implementing this section, the Secretary was granted authority to waive statutory requirements that may impede innovative approaches upon notification of and approval from Congress.

The dental care proposal, titled the Care Coordination for Dental Benefits demonstration project under the Community Provider Collaborations for Veterans Pilot Program, is the first waiver request and pilot program submitted to Congress under this authority.

The VA Innovation Center, led by Michael Akinyele, is implementing Section 152 of the VA MISSION Act under the Office of Enterprise Integration. VA published a proposed rule (RIN 2900-AQ56) establishing the Center for Innovation for Care and Payment on July 29, 2019 (84 FR 36507). VA published a final rule implementing its authority on October 25, 2019; this rule became effective on November 25, 2019. “This pilot program enables us to explore leading practices across the U.S. health care system to meet Veterans needs today and into the future,” said Dr. Melissa S. Glynn, Assistant Secretary for Enterprise Integration.

Welcome:
To our New
Iowa PVA Members

Jeff D Cook
Edward L Cooley
From the Desk of the National Director

Kenny Lloyd

2019 National Board of Directors - Fall Board Meeting

The Fall Board of Directors meeting was held in Orlando, Florida. When I left home the temperature was two below zero. I knew Florida had to be warmer. Well it was, but I was hoping it would be warmer than what it was. The 50’s and 60’s were better than back home. As usual, the reports were sent to the National Directors before we got to the meeting. This gives us a chance to digest what was sent and lets us prepare questions before arrive.

There were fourteen proposed resolutions for this meeting. Here are the resolutions that passed and failed.

- Including PVA Publications in Anita Bloom Women Veterans Health Committee - Passed
- Revisions to PVA’s Investment Policy - Passed
- Altering Composition and Function of PVA Finance Committee - Passed
- Membership Meeting Requirements - Failed
- Outside Membership on Chapter’s Board of Directors - Failed
- At-Large Membership Assignment to Chapters - Pulled
- Modify Proof of Citizenship Requirements for PVA Membership - Passed
- Membership Documentation - Passed
- Announcement Date of Poster and Poem Contest - Passed
- Retention and Transfer of Membership Application Documents - Pulled
- Update to PVA Publications Policy - Passed
- Membership Demographics - Failed
- Enhanced PVA Logo - Failed

If you have any questions on these resolutions you can call me at 515-570-1402.

November 2nd was IPVA’s 5th Annual Pheasant Hunt in Madrid, Iowa. A BIG and Special Thank You to Michael Martin for hosting the event and providing breakfast AND lunch for all participants. Thank you to all the other volunteers who walked the fields and brought their dogs to help retrieve the pheasants. Thank you to ITC Midwest for the donation of Action Trackchairs which were used at the hunt!
We all are aware of the dangers of pressure sores. Our members, their caretakers, medical personnel and even those simply acquainted with individuals facing mobility challenges. We talk about them, we look for them, we hear about the dangers and yet, deep down, we do not believe it will happen to us.

I have a story to tell you.

One of our healthiest and most active members went to the Winter Sports Clinic in Snow Mass, CO last March. While skiing, he unknowingly rubbed a spot raw on his backside. Fortunately, he traveled to Snow Mass in his own vehicle which is equipped with a seat cushion specifically made for him. No further damage was sustained. Unfortunately, a week later he traveled a significant distance in a vehicle NOT equipped with a seat cushion specifically made for him. He ended up with a terrible pressure sore.

This is when this healthy, strong man and his fiancé began their nightmare. They babied the sore along for almost four months. It refused to heal. He ended up spending almost two months at the Des Moines VA hospital in the CLC. He was confined to his bed, provided with a special mattress and endured wound debridement on virtually a daily basis. Their home is almost two hours away and not only was he away from home, but obviously his fiancé was without him and making almost daily trips to see him. If this wound care had been successful, the story would end here. But…….. it was not successful.

After the two month stay in the Des Moines CLC, he was transferred to the SCI Center in Minneapolis. There he underwent a “flap” surgery. This procedure basically takes a flap of skin and flesh from another area of the patient’s body with better circulation (in this case an area above his waist) and applies it to the affected area. In many cases these surgeries require the patient to undergo a temporary colostomy to help avoid infection to the area. (Luckily, our member was able to avoid this additional surgical trauma.) Even though the “flap” surgery was successful, he still spent months in the hospital healing and continuing treatment.

This experience was not only a medical ordeal for he and his fiancé, but while he was receiving treatment, things were changing on the home front. A ceiling lift, new flooring, modifications to their home and a special bed and mattress were being brought in to care for him when he returned home. Everything they had known prior to this nasty sore had changed. He can only sit in his chair for a couple hours at a time now without lying down and relieving the pressure on the area. His level of care has increased significantly. Things he used to be able to do on his own now require assistance.

I guess the point I am trying to make is that this can happen to anyone. Not only is it life threatening, but it is life changing. Be careful, pay attention, and do everything available to you to prevent this from happening to you.

KIM

Have you considered including Iowa Paralyzed Veterans of America in your will or trust?

“It takes a notable person to plant a seed for a tree that will one day provide shade for someone he may never meet”

This type of donation will serve as an investment in our organization that will reap our members benefits for many years to come.
Congratulations to the 2019 Pool Tournament winners!!
Kenny Lloyd presented prizes.
First place: Kim Gould (not pictured)
Second place: Randy Smith (above)
Third place: Joe Husak (right)

On November 21st, the Caregiver Support Group made bath salts!!
Please consider coming to the next meeting on January 23rd! (MARK YOUR CALENDARS!)
PAVING ACCESS FOR VETERANS EMPLOYMENT
By Lauren Lobrano, Director, PAVE Program

Paralyzed Veterans of America’s veterans’ employment program, PAVE – Paving Access for Veterans Employment - was launched in 2007 to ensure that PVA members, their spouses, and caregivers, have access to meaningful employment, educational, and volunteer opportunities. Our team of certified vocational rehabilitation counselors and employment analysts provide high-touch, one-on-one assistance to guide veterans through the process.

Studies have found that there are significant benefits for individuals who are engaged, including improved quality of life, enhanced self-confidence, expanded social network, a sense of community and increased income for those who are employed.

PAVE staff are specially trained to work with veterans receiving Social Security Disability Insurance and other government benefits. We work hand in hand with PVA national service officers to take into consideration other benefits a veteran may be receiving from the VA.

Despite the positive attributes of regular engagement, veterans with significant service-connected disabilities are not currently seeking employment. More than 62% of veterans with a service-connected disability rating of 60% or higher either struggle with or opt out of joining the civilian workforce. When layered with the added challenges of managing a new injury or medical diagnosis, many may feel that the barriers to gainful employment are overwhelming. PVA’s PAVE program Counselors and Analysts continue to be leaders in dispelling the myths and challenging stereotypes of those with disabilities. Working with dedicated employment partners, we will continue to create opportunities for quality and sustainable careers for those with significant and catastrophic injuries.

PAVA Member Sean Ferry recently found success returning to work through the PAVE program. In late 2018, Sean decided that he was ready to pursue employment opportunities again. He did not have a great deal of success working on his own and reached out to the PAVE program in spring of 2019. Sean worked one-on-one with PAVE Vocational Rehabilitation Counselor Genia Hachenberg, M.S., CRC, to explore his areas of interest and review the necessary accommodations at work. In September, Sean returned to work for the first time since his injury and shared the following about his experience working with PAVE:

"After my injury in 2014, my life was turned upside down. It was not easy to transition from being a Mechanical Engineer, and a rather avid hunter and fisherman, into a wheelchair dependent individual. After five years of unemployment, I turned to the PAVE program and its employees for assistance in getting back into the workforce. They were a great asset to me and a resource that helped me get my job and gain back my independence and self-confidence. Thank you PAVE."

If you, your spouse, or caregiver, are interested in more information about Paralyzed Veterans of America’s PAVE program, please reach out to PAVE Vocational Rehabilitation Counselor James “Jim” Arndt at (612) 970-5987 or JamesA@pva.org. You may also visit our website: www.pva.org/PAVE.org.
ANNUAL AIR RIFLE & AIR PISTOL PROGRAM
Camp Pendleton Air Rifle and Pistol Tournament
December 2-3, 2019
Camp Pendleton, CA
Cal-Diego Air Rifle and Pistol Tournament
January 27-28, 2020
San Diego Naval Base
San Diego, CA
Mid-Atlantic Air Rifle and Pistol Tournament
March 4-5, 2020
Colonial Shooting Academy
Richmond, VA
Wisconsin Air Rifle and Pistol Tournament
March 21-22, 2020
Milwaukee Area Tech College
Milwaukee, WI
Buckeye Air Rifle and Pistol Tournament*
April 16-18, 2020
Spire Institute
Geneva, OH
*Buckeye Wheelchair Games
PVA BOATING/FISHING TOUR
Mid-America Bass Tournament
September 20-22, 2019
Lake Eufaula
Eufaula, OK
Vaughan Bass Tournament
October 4-6, 2019
Rend Lake
Mount Vernon, IL
Florida Gulf Coast Bass Tournament
April 3-5, 2020
Lake Harris
Tavares, FL
Kentucky-Indiana Bass Tournament
April 21-24, 2020
Lake Barkley
Kuttawa, KY
Mid-Atlantic Bass Tournament
June 5-7, 2020
James River
Hopewell, VA
Capital Clash Bass Tournament*
June 12-14, 2020
Potomac River
Marbury, MD
*Year-End Tournament
ANNUAL PVA/NWPA BILLIARDS TOURNAMENT SERIES
Mid-Atlantic Billiards Tournament
Chuck Willis Memorial
March 20-22, 2020
Diamond Billiards
Midlothian, VA
Mid-America Billiards Tournament
April 3-5, 2020
Slick Willies Pool Hall
Oklahoma City, OK
Buckeye Billiards Tournament
June 5-6, 2020
Wickliffe Lanes
Wickliffe, OH
Mountain States Billiards Tournament
June 20-21, 2020
Widfield Corner Pocket Billiards
Fountain, CO
PVA NATIONAL SHOOTING SPORTS CIRCUIT
Mid-Atlantic Shooting Sports Tournament
Dates TBD
Conservation Park of Virginia
Charlottesville, VA
Nevada Shooting Sports Tournament
March 13-15, 2020
Clark County Shooting Park
Las Vegas, NV
Cal-Diego Shooting Sports Tournament
March 27-29, 2020
Redlands Shooting Park
Redlands, CA
Lone Star Shooting Sports Tournament
May 22-23, 2020
Desoto Gun Club
Waxahachie, TX
Vaughan Shooting Sports Tournament
June 5-7, 2020
St. Charles Sportsman Club
Elburn, IL
Iowa Shooting Sports Tournament
June 12-14, 2020
Ottawa Creek Sportsman Club
Cedar Rapids, IA
Wisconsin Shooting Sports Tournament*
June 26-28, 2020
Brown County Sportsman Club
Green Bay, WI
*Year-End Tournament
BOCCIA
PVA National Boccia Tournament
October 22-26, 2019
The Pavilion at Lemay
St. Louis, MO
Bayou Boccia Tournament
January 31-February 1, 2020
Harrison County Shelter
Gulfport, MS
For more information: pva.org/sports
**January**

<table>
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<tr>
<th>Name</th>
<th>Date</th>
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<tbody>
<tr>
<td>Sandra J. Kelderman</td>
<td>Jan 1</td>
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<tr>
<td>Darren M. Jargo</td>
<td>Jan 4</td>
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<tr>
<td>Jesse E. Barwick</td>
<td>Jan 10</td>
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<td>James E. Copeland</td>
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<td>Shawn L. Meyer</td>
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<td>Gerald W. Ebsen</td>
<td>Jan 19</td>
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<td>James A. DeLany</td>
<td>Jan 24</td>
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<tr>
<td>Robbie E. Robinson</td>
<td>Jan 31</td>
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<tr>
<td>Cynthia M. Greulich</td>
<td>Jan 31</td>
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**February**

<table>
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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Travis L. Lamphier</td>
<td>Feb 3</td>
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<tr>
<td>Janet A. Gruber</td>
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<td>Richard W. Beckwith-Adams</td>
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<td>Lowell E. Bartel</td>
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<td>Jerry L. Nail</td>
<td>Feb 11</td>
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<td>Rod K. Taylor</td>
<td>Feb 13</td>
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<td>Robert J. Fencl</td>
<td>Feb 17</td>
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<td>George P. Lehman</td>
<td>Feb 18</td>
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<td>Paul A. Barton</td>
<td>Feb 22</td>
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<td>Miles M. Chaplin</td>
<td>Feb 25</td>
</tr>
<tr>
<td>Burl T. Corrigan</td>
<td>Feb 28</td>
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**CALENDAR OF UPCOMING EVENTS**

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>1/1/2020</td>
<td><strong>HAPPY NEW YEAR</strong> - Office Closed</td>
</tr>
<tr>
<td>1/09</td>
<td>Bingo at the Des Moines VA CLC - 6:30 pm</td>
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<tr>
<td>1/20</td>
<td>Martin Luther King Jr Day - Office Closed</td>
</tr>
<tr>
<td>1/22</td>
<td>Veterans Day on the Hill, Iowa State Capitol Rotunda</td>
</tr>
<tr>
<td>1/23</td>
<td>BOD/Membership/Caregivers Support Meeting at IPVA Office - 11:00 am</td>
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<tr>
<td></td>
<td>(Lunch provided. Please RSVP by 1/20)</td>
</tr>
<tr>
<td>2/13</td>
<td>Bingo at the Des Moines VA CLC - 6:30 pm</td>
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<tr>
<td>2/14</td>
<td>Happy Valentines Day</td>
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<tr>
<td>2/17</td>
<td>President's Day - Office Closed</td>
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<tr>
<td>2/26</td>
<td>Local Veterans Creative Arts Show – Artwork on display in the Main Lobby of DSM VA from 11am - 1pm</td>
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<tr>
<td>2/27</td>
<td>BOD/Membership/Caregivers Support Meeting at IPVA Office - 11:00 am</td>
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<tr>
<td></td>
<td>(Lunch provided. Please RSVP by 2/24)</td>
</tr>
<tr>
<td>2/28</td>
<td>Local Veterans Creative Arts Show at 6:30 pm at Main Campus, Building 4 Auditorium</td>
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<tr>
<td>3/2 - 5</td>
<td>Advocacy Legislative Seminar in Washington DC</td>
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<tr>
<td>3/12</td>
<td>Bingo at the Des Moines VA CLC - 6:30 pm</td>
</tr>
<tr>
<td>3/26</td>
<td>BOD/Membership/Caregivers Support Meeting at IPVA Office - 11:00 am</td>
</tr>
<tr>
<td></td>
<td>(Lunch provided. Please RSVP by 3/23)</td>
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The Mission Statement of Paralyzed Veterans of America

The Paralyzed Veterans of America, a congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members-veterans of the armed forces who have experienced spinal cord injury or dysfunction.

PVA will use that expertise to be the leading advocate for:

- Quality health care for our members,
- Research and education addressing spinal cord injury and dysfunction,
- Benefits available as a result of our members’ military service,
- Civil rights and opportunities which maximize the independence of our members.

To enable PVA to continue to honor this commitment, we must recruit and retain members who have the experience, energy, dedication, and passion necessary to manage the organization and ensure adequate resources to sustain the programs essential for PVA to achieve its mission.
ATTENTION

Please check out our webpage! [www.iowapva.org] Many items of interest will be posted frequently. This will bring you news about the chapter between newsletters. It is a work in progress, but you will find it very interesting and informative. You can also check us out on Facebook!

Please provide us with your email address. We would like to provide you your newsletter and other information electronically. This will make it easier for you and less expensive for us.

GIFT YOUR OLD WHEELS FOR GOOD.

Paralyzed Veterans of America
WHEELS HELPING WARRIORS

Your donated vehicle can go far in helping severely injured veterans. Donations are sold at auction with proceeds going toward programs and services for veterans and their families. You may also receive a tax break, too! Schedule your free, easy pickup today.

WheelsHelpingWarriors.org / 866-204-4548
Rollx Vans is the only van manufacturer that delivers minivans and full-sized vans directly to your doorstep. Our mission is to listen to you to serve your needs and give you the freedom and mobility that you deserve.

- Certified Conversion Process
- 24 Hour Nationwide Service
- At-Home Delivery
- Industry-Leading Customer Satisfaction
- Competitive Financing Options
- Customized Just for You

We take great pride in serving those who served our country.

It’s why we work with the Veterans Administration to make the process as simple as possible for you. This includes bringing the vehicle to the VA for inspection, taking care of all VA paperwork, and delivering the vehicle to your home once it’s ready.

Veterans get $1,000 off the purchase of your first Rollx van today!

Call 800-956-6668 or visit us at rollxvans.com.
MANY THANKS to the people and/or organizations who have donated directly to IPVA from November 1 - December 18, 2019

Affinity Credit Union
Alberts, Dan (monthly)
AmazonSmile
Anonymous (Friends and Family of “RG” Prucha)
Bachman, Howard
Baldwin, Gretchen
Bettis, Russell
Beyer, Paul and Cathy
Bissell, Kathy (In Memory of “RG” Prucha)
Brinkmeyer, Steven and Susan
Clubine, Delbert
Crowl, Kathryn
Delany, James (monthly)
Eddington, David
Farley, Michael
Garcia, Myrna
Gould, Kim
Hammond, Steve, Diane and Madison
Hartford Sportsmen Club of Hartford Iowa (monthly)
Harvey, Keith and Becky
Hegna, Bill and Sandy
Iowa One Gift Donation (monthly)
Krause, Linda
Leary, Timothy & Laura (monthly)
Lloyd, Kenny
Long-Waddell, Shirley
Martin, Michael
Morrison, Gary and Judy
Morrison, Heidi (monthly)
Nichols, Dan & Gina
Norman, Joni
O’Brien, Carol (monthly)
Orr, David
Personal Training (monthly)
Phillips, Larry and Mary Lou
Pint, Richard L
Prucha, Bonny (In Memory of “RG” Prucha)
QC United Way
Sankey, Tom and Deb
Schneider, Jon and Joyce
Simons, Tish (monthly)
Simonson, Donald and Terrill Lee
Sweet Rides for Charity
Swietlik, Steven and Sandra
True Impact Outdoors
VanDyke, Myrtle
Van Meter, Inc
Van Wall Equipment
Welder, Shelly
Wilson, Paula
Zankowski, Louis

Please feel free to contact us by mail, telephone or email...

Iowa PVA, 7025 Hickman Rd., Suite #1, Urbandale, IA 50322
515-277-4782 or 1-888-909-4782
iowapval@yahoo.com, iowapvakim@yahoo.com, or iowapvagretchen1@yahoo.com
THANK YOU—THANK YOU

To the people and/or organizations who have donated directly to the Midwest PVA Fishing Event from November 1—December 18, 2019

All Hands on Deck Volunteers
Minnesota PVA
Riverside Casino & Golf Resort
Swisher Men’s Club

On December 7th, Member Larry Post and Caregiver January Post hosted their FIRST Soup Luncheon Fundraiser in Winterset, Iowa, with all proceeds to be given to the Iowa Paralyzed Veterans of America.

With a dedicated team of family and friends….they handed out flyers, posted information on Facebook, collected silent auction items, cooked numerous soups (chili, broccoli & cheese, ham & bean, potato and vegetable beef), made sandwiches (pimento cheese, ham and turkey), and made desserts (brownies, mayo cake, pumpkin bars and cupcakes).

Thank you to everyone who helped make this fundraiser a success!!!

Anonymous Donors (Numerous!)
Bark Avenue (Ankeny)
Betty’s Shear Design
Breeding True Value Hardware
Bulldog Ceramics & Art Studio
Burton, Lauren
Burton, Nelvina
Carnahan, Candy
Carquest Auto Parts (Winterset)
Cobblestone Inn & Suites
Country Cutters
Covered Bridge Inn - Winterset
Covered Bridge Realty—Winterset
Haag, Mary
Heartland Fiber - Winterset
Hodges, Gene
Hodges, Ruth
Jackson’s Ridge Quilts, Crafts & More (Doris Jackson)
Kordick, Teresa
Lanny’s Auto
Madison County Mercantile, Inc
Matt ? (Donated bar stools)
Max Tire Complete Auto Care - Winterset
Modern Reflections
NAPA Auto Parts—Winterset
North Side Barbershop
O’Reilly Auto Parts - Winterset
Poore, Larry and Angela
Post, Alvin and Haley
Post, Larry and January
Post, Rose
Quality Car Care
Rudy’s Restaurant
Schlapia, Ronnell
Shepherd, Larry and Holly
Spoons Full of Sugar Boutique - Winterset
Subway - Winterset
Winterset VFW

Some of the Post’s family members!
## Des Moines Vet Center Group Meetings

For Combat Veterans*

<table>
<thead>
<tr>
<th>Topic</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaming</td>
<td>Monday</td>
<td>9:00am-10:00am</td>
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<tr>
<td>LGBTQ</td>
<td>Monday</td>
<td>(2nd Mon month)</td>
</tr>
<tr>
<td>Concerned Person</td>
<td>Monday</td>
<td>(1st &amp; 3rd Mon month)</td>
</tr>
<tr>
<td>PTSD PEER</td>
<td>Tuesday</td>
<td>10:00am-11:30am</td>
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<tr>
<td>PTSD VN</td>
<td>Tuesday</td>
<td>11:00am-12:30pm</td>
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<tr>
<td>OIF/OEF/OND</td>
<td>Tuesday</td>
<td>(Drop in) 5:00pm- 6:00pm</td>
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<tr>
<td>Grief / Loss</td>
<td>Wednesday</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>Peer Combat Vets</td>
<td>Wednesday</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>PTSD VN</td>
<td>Thursday</td>
<td>1:30pm- 3:00pm</td>
</tr>
<tr>
<td>MST (any service era)</td>
<td>Friday</td>
<td>(1st &amp; 3rd Fri month )</td>
</tr>
<tr>
<td>PTSD Focus</td>
<td>Friday</td>
<td>11:00am-12:30pm</td>
</tr>
</tbody>
</table>

*Free and Confidential Individual counseling sessions are also available.

SUPPORT THE IOWA PVA

Paralyzed Veterans of America - Iowa Chapter relies solely on private donations and receives NO government funding!

Your contribution is 100% tax deductible, as we are a 501(c)(3) corporation. Support by individual donors and businesses enable us to make our services FREE to members.

Please support our mission through a direct donation to:
Paralyzed Veterans of America - Iowa Chapter
7025 Hickman Rd, Suite #1

Please call to be scheduled for an appt or to be added to a group.

Indianola Home Medical Supply L.L.C.
207 South Howard St., Indianola, IA 50125

Wheelchairs, Scooters, Bathroom Safety and Daily Living Products

Full Service and Parts Department

Home Modifications, Patient Lifts, Entry Ramps, Stair Lifts, Porch Lifts, Scooter Lifts and Elevators

Darl Kaldenberg, Manager
Phone: 515-962-0701
Fax: 515-962-9251
WHO CAN PARTICIPATE?
Common disabilities served include spinal cord injury, amputation, cerebral palsy, spina bifida, visual impairment, multiple sclerosis, acquired brain injury, and other neuromuscular/orthopedic conditions.
For more information on who can participate, visit www.adaptivesportsiowa.org.

MISSION
To provide statewide leadership in the planning, promotion, education, and organization of sport and recreation opportunities for Iowans with physical and visual disabilities.

VISION
Improve the quality of life for all Iowans with physical and visual disabilities through access to consistent recreational opportunities.

WHAT WE OFFER
We offer free programming to all participants through the assistance of our generous sponsors and donors.

OUR PROGRAMS INCLUDE:
- Wheelchair Basketball
- Track & Field - equipment loans
- Youth Sled Hockey
- Cycling Team
- Airgun
- Beep Baseball
- Goalball
- Downhill Skiing

Equipment is provided during all of our programs.

VETERANS WITH DISABILITIES
The Veteran Outreach branch of Adaptive Sports Iowa was launched to better serve our veterans with physical and visual disabilities. Veterans will have the opportunity to gain instruction, participation, and competition in adaptive sports.

HOW TO GET INVOLVED
Are you or someone you know interested in participating?
Interested in sponsorship, donating, or volunteering?
Find more information at our website www.adaptivesportsiowa.org or contact us.
Member, Scott Miller, received this life-changing Action Trackchair from ITC Midwest on November 19th at Veterans Park in Albia, Iowa. At the event, Scott stated, “ITC doing this really helps a guy out, to get out in the woods and get back out and be active.” Scott’s “fan club” consisted of his fiancé, sister, father, IPVA staff Kim Gould and Gretchen Baldwin and employees of ITC Midwest. Please see article on Page 17 to read more about the event. Or, go to our Facebook page (Iowa - Paralyzed Veterans of America) to watch the segment shown on KTVO news.
FOR IMMEDIATE RELEASE

ITC Midwest Provides Action Trackchair to Albia veteran Scott Miller
Company recognized for longtime support of Paralyzed Veterans of America

Cedar Rapids, Iowa (Nov. 19, 2019) – ITC Midwest today presented an Action Trackchair to Scott Miller of Albia, Iowa, through the Paralyzed Veterans of America – Iowa Chapter (PVA). As an active veteran, Miller serves as the volunteer Sports Director for the organization. His overall quality of life will be greatly enhanced with the new Action Trackchair.

For several years, ITC Midwest employees have gathered for a summer charity golf outing to raise money toward the purchase of an Action Trackchair donated through the PVA’s Iowa Chapter. Thanks to the generosity of everyone from ITC, the group has raised enough money for the purchase of one Trackchair each year to improve mobility for a veteran. Miller was chosen as this year’s recipient.

“ITC Midwest is committed to supporting many worthy nonprofits that directly improve the lives of people throughout our service area,” said ITC Midwest President Dusky Terry. “Our employees show appreciation to those who have served by providing life-enhancing benefits of the Action Trackchairs through the Paralyzed Veterans of America – Iowa Chapter.”

In October, ITC Midwest was recognized by the PVA’s Iowa Chapter with the Keith M. Griggs Chapter Service Award for the company’s longtime support of the veterans’ organization.

“We are sincerely appreciative to everyone at ITC Midwest who has graciously donated to the cause of purchasing Action Trackchairs for use by disabled veterans of the Iowa Chapter,” said Paralyzed Veterans of America – Iowa Chapter Executive Director Kim Gould. “These chairs have made it possible for these veterans to do things that would have never been possible without these gifts of independence.”

First developed 10 years ago, the Action Trackchair is an all-terrain wheelchair that has helped thousands of people worldwide with mobility-related disabilities. With the Action Trackchair, people can enjoy the great outdoors navigating all types of terrain, doing activities they once did or have never been able to do before.

About ITC Midwest
ITC Midwest LLC is a subsidiary of ITC Holdings Corp., the largest independent electricity transmission company in the U.S. ITC Midwest operates more than 6,800 circuit miles of transmission lines in Iowa, Minnesota, Illinois and Missouri, and holds utility status in Wisconsin. ITC Midwest is headquartered in Cedar Rapids, Iowa, and maintains regional operating facilities in Dubuque, Iowa City and Perry, Iowa; and Albert Lea and Lakefield, Minnesota. For further information visit www.itc-holdings.com. ITC is a subsidiary of Fortis Inc., a leader in the North American regulated electric and gas utility industry. For further information visit www.fortisinc.com.
THANK YOU to Sweet Rides for Charity !

Sweet Rides for Charity is comprised entirely of volunteers who are employees or contractors working at ADM Corn Processing in Cedar Rapids, Iowa.

Each year, this generous 501c3 organization chooses two local charities to donate 100% of their proceeds. This year, IPVA was one of the charities chosen!

In September, Sweet Rides for Charity held their 5th car and bike show. The event was VERY successful and enjoyed by many! With the help and support of many awesome sponsors, participants and spectators, IPVA received checks totaling $8,188.51!!!

THANK YOU SO MUCH for your support of our veterans!

Pictured above: Some of the many Sweet Rides for Charity 2019 Volunteers.
Pictured below: Some of the “Sweet Rides”
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On November 22, 2019, we had a surprise visit from employees at Affinity Credit Union during our Board of Directors/Caregivers Meeting! Affinity Credit Union had chosen us (IPVA) as one of twelve recipients of their 12 Days of Giving (2019) Campaign. IPVA was the first recipient of this event and we received a check for $1,000!! **THANK YOU Affinity Credit Union!!!**

To see more details about this event, please visit either of our Facebook pages.

**ARE YOU MOVING???**

Don’t forget to notify the office of your new address. If you are a PVA member, we will let National PVA and PN PARAPLEGIA NEWS know where you are moving to, so you won’t miss a single issue.

Call us at 515-277-4782 or 1-888-909-4782